Harm Reduction Services
January 2018-June 2018
SERVICES

Comprehensive package of harm reduction interventions

1. Needle and Syringe Programmes - NSP
2. Opioid Substitution Therapy - OST **(referral to partner programme COSUP)**
3. HIV Testing Services - HTS
4. Antiretroviral Therapy - ART
5. Screening, prevention, referral and treatment of sexually transmitted infections
6. Condom programmes for people who inject drugs and their sexual partners

(1-11) Endorsed by PEPFAR, (1-10) WHO, UNAIDS, UNODC, the UN General Assembly, the Economic and Social Council, the UN Commission on Narcotic Drugs, the UNAIDS Programme Coordinating Board, the Global Fund. Source: WHO, UNODC, UNAIDS, Technical Guide For Countries to Set Targets for Universal Access to HIV Prevention, Treatment and Care for Injecting Drug Users, 2012.
7. Targeted information, education and communication
8. Screening, prevention, vaccination, diagnosis and referral for treatment of viral Hepatitis B and C
9. Prevention, diagnosis and treatment of tuberculosis
10. Community distribution of naloxone (Policy restriction)
11. Peer based outreach services (PEPFAR recommendation)

(1-11) Endorsed by PEPFAR, (1-10) WHO, UNAIDS, UNODC, the UN General Assembly, the Economic and Social Council, the UN Commission on Narcotic Drugs, the UNAIDS Programme Coordinating Board, the Global Fund. Source: WHO, UNODC, UNAIDS, Technical Guide For Countries to Set Targets for Universal Access to HIV Prevention, Treatment and Care for Injecting Drug Users, 2012.
NEEDLE SYRINGE PROGRAM - NSP

Outreach Team

- Peer educators (PWID/PWUD)
  - Capacity building & mentoring
- Avanza (Medium sized vehicle) used for outreach
- Outreach services 4 days per week
  - Two different routes twice a week
- Service users registered Jan-Jun 2018: 410
  - Total (May 2015 - Dec 2017): 3308
- Average clients seen p/m Jan-Jun 2018: 1862
- N/S distributed Jan-Jun 2018: 225,709
- N/S Return Jan-Jun 2018: 198,828 (88% Return Rate)
OPIATE SUBSTITUTION THERAPY - OST

Clinic Team

- Community Orientated Substance Use Program - COSUP
  - Seven sites in Tshwane
  - Clinical associate
  - Social worker
  - Peer Educator(s)
  - Referred to closest site for assessment and OST initiation (if successful)

- HARMless to start OST programme end of 2018 continuing into 2019
HIV TESTING SERVICES & ANTIRETROVIRAL THERAPY - ART

HTS Team

- 2 lay counsellors, staff nurse, medium-sized vehicle
- In field testing & counselling
- In field blood draws and initiation - ART
- In field repeat medication - ART
- HIV Tests done: Jan-Jun 2018: 667 PWID
  - HIV positive clients: 185
    - Yield: 28%
    - Yearly Yield Ave since 2015: 30%
CONDOM PROGRAMME
Outreach, HTS & Clinic Team

- Condom demonstrations and distribution
  - Male & female condom and lube distribution

TARGETED INFORMATION, EDUCATION AND COMMUNICATION
Outreach, HTS & Clinic Team

- IEC
  - Safer sex practices
  - Safer injecting practices
  - Cleaning methods
  - Overdose
SCREENING, PREVENTION, REFERRAL AND TREATMENT OF:
HTS & Clinic Team

- Sexually transmitted infections
- Viral hepatitis
- Tuberculosis
- Where positive, client is referred to nearest clinic
COMMUNITY ADVISORY GROUP - CAG
Outreach Team

- Established in 2014
  - Average of 30 participants
  - Feedback on project service delivery
  - Harm reduction, human rights and health training workshops
  - Consultation on communities needs
DROP IN CENTRE - DIC

Outreach Team

- Average of 50 visitors
- Open every Wednesday (Project Staff Admin Day)
- Entertainment (Movies, Music, Internet Access)
- Ablution facilities (4 x Showers, 2 x Toilets)
- Piece Jobs (Cooking & Cleaning)
- Breakfast & Lunch
- Tea, coffee and other refreshments
THANK YOU

HARMless Project
Nelson Medeiros
Programme Manager
medeirosn@out.org.za
012 430 3272