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SOUTH AFRICAN COMMUNITY EPIDEMIOLOGY NETWORK ON DRUG USE

Treatment Demand Data • Service Quality Measures (SQM)
• Community-Based Harm Reduction Services

WESTERN CAPE TREATMENT DATA

MS NANCY HORNSBY & MS JODILEE ERASMUS

Phase 59 2025b | Jul-Dec 2025



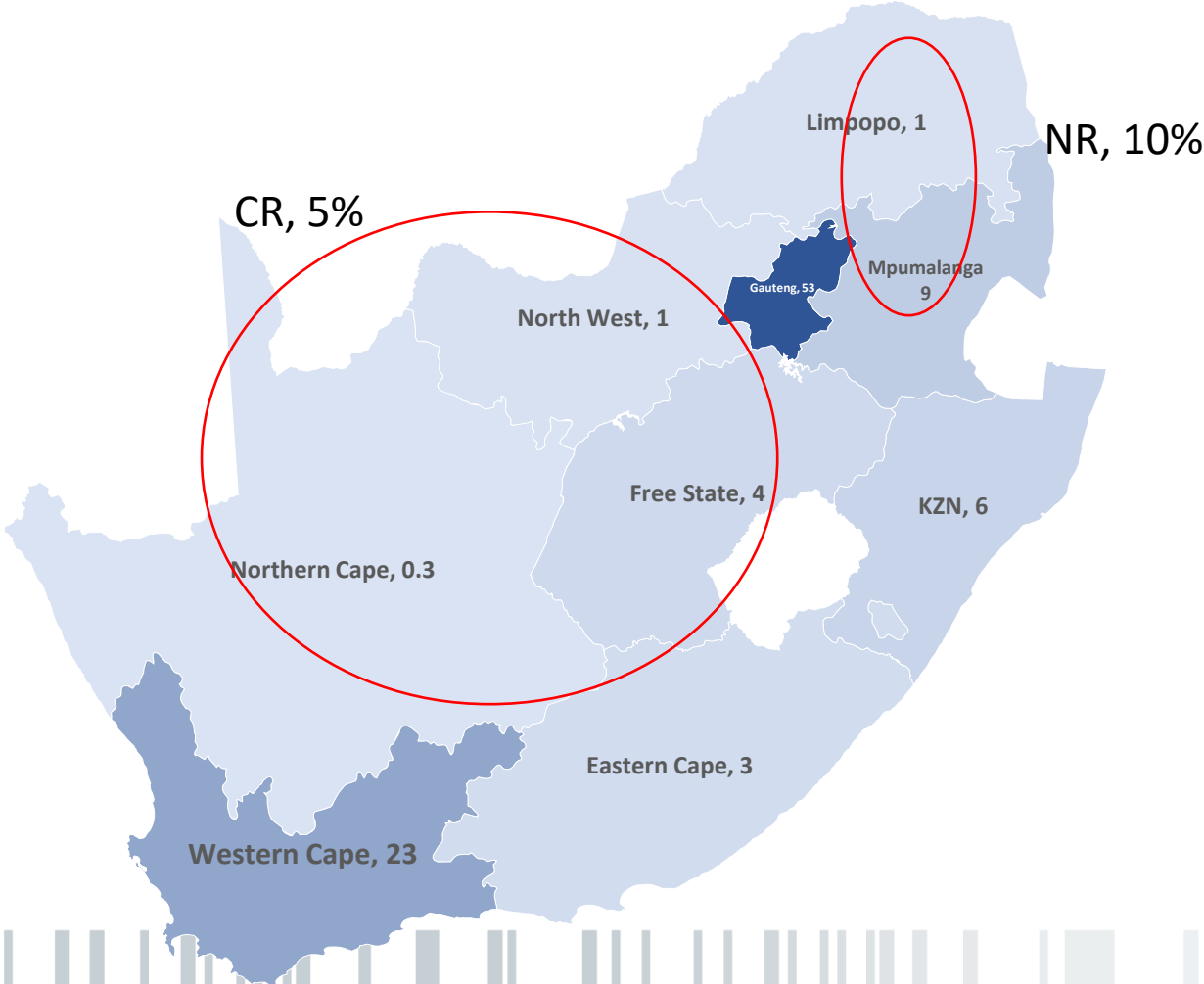
National overview: 2025B



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Percentage (%)



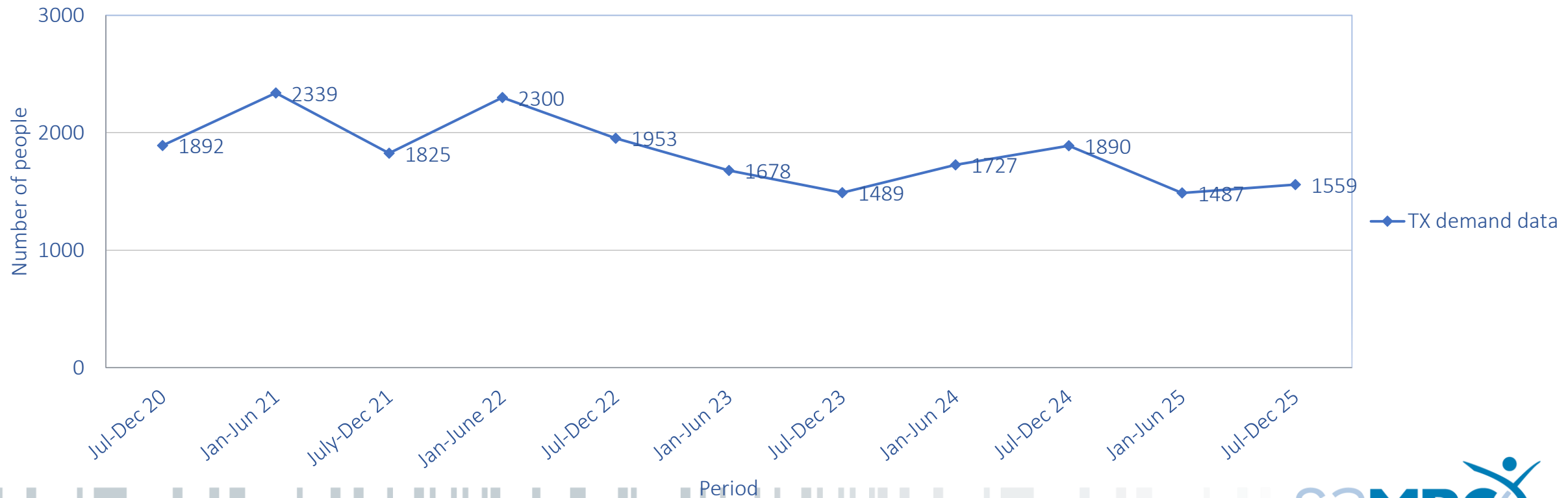


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SERVICE USERS IN TREATMENT



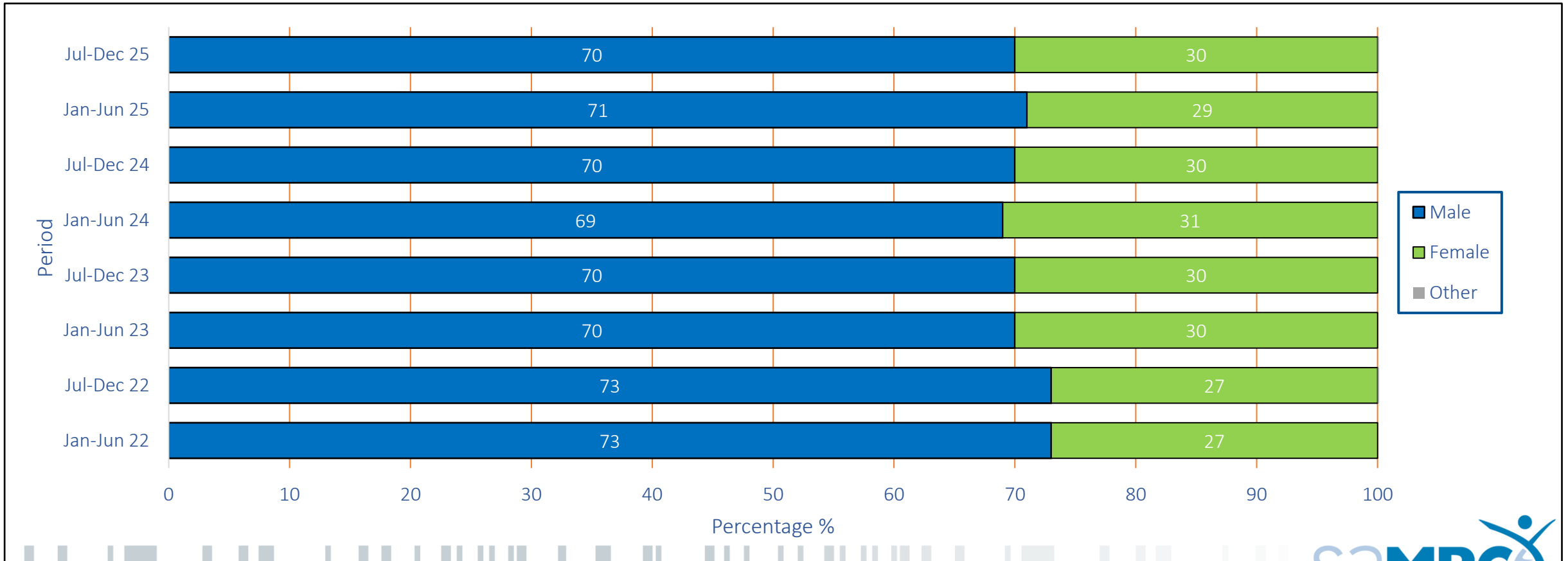


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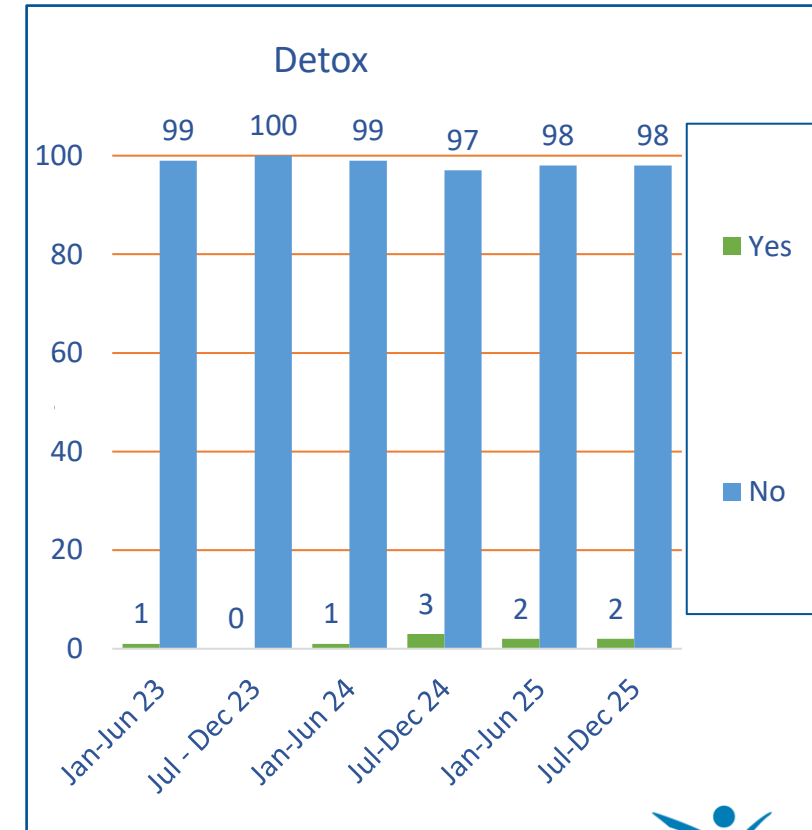
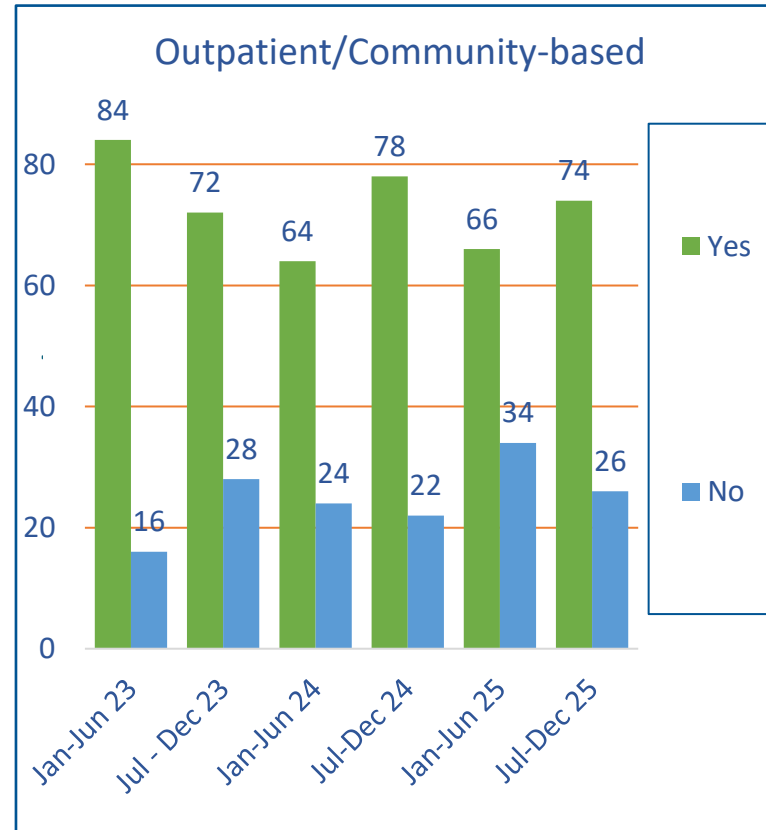
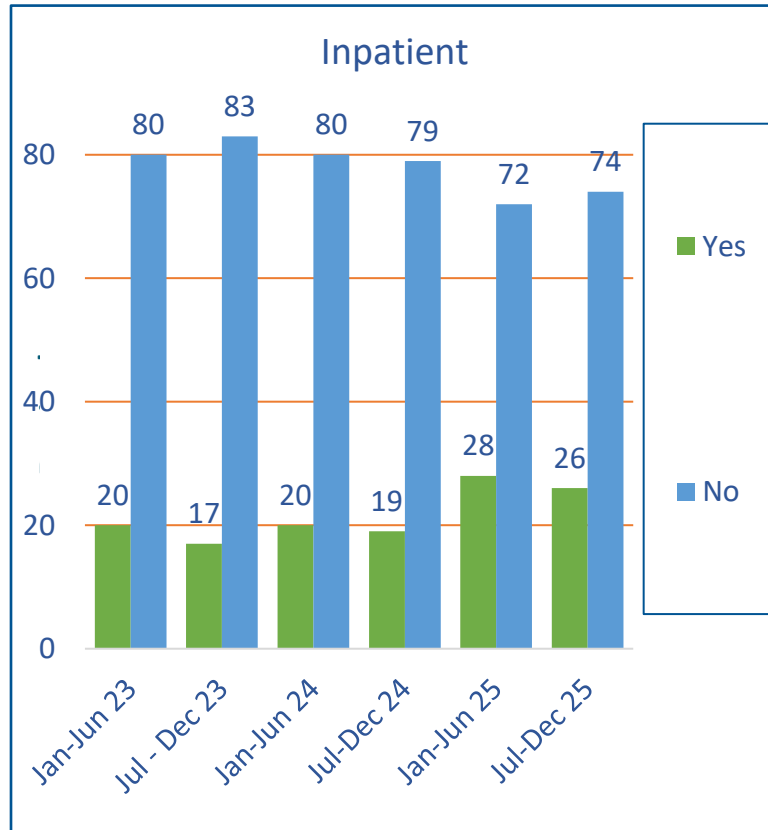
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POPULATION PROFILE: GENDER





TYPE OF TREATMENT RECEIVED (%)



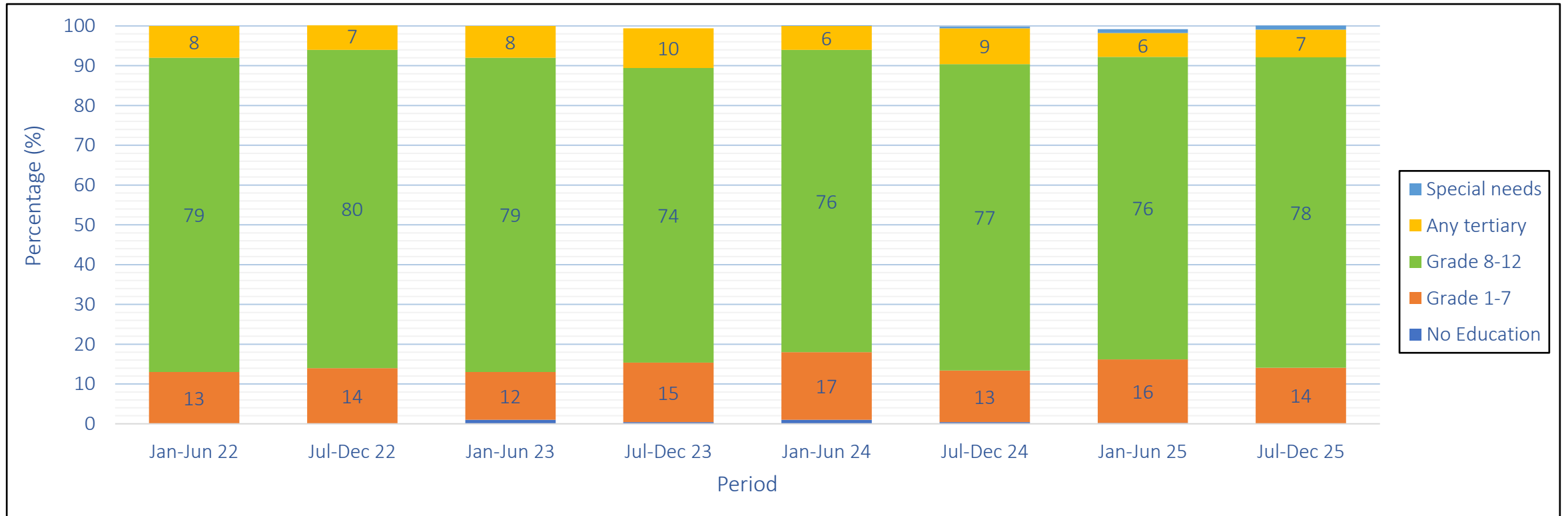


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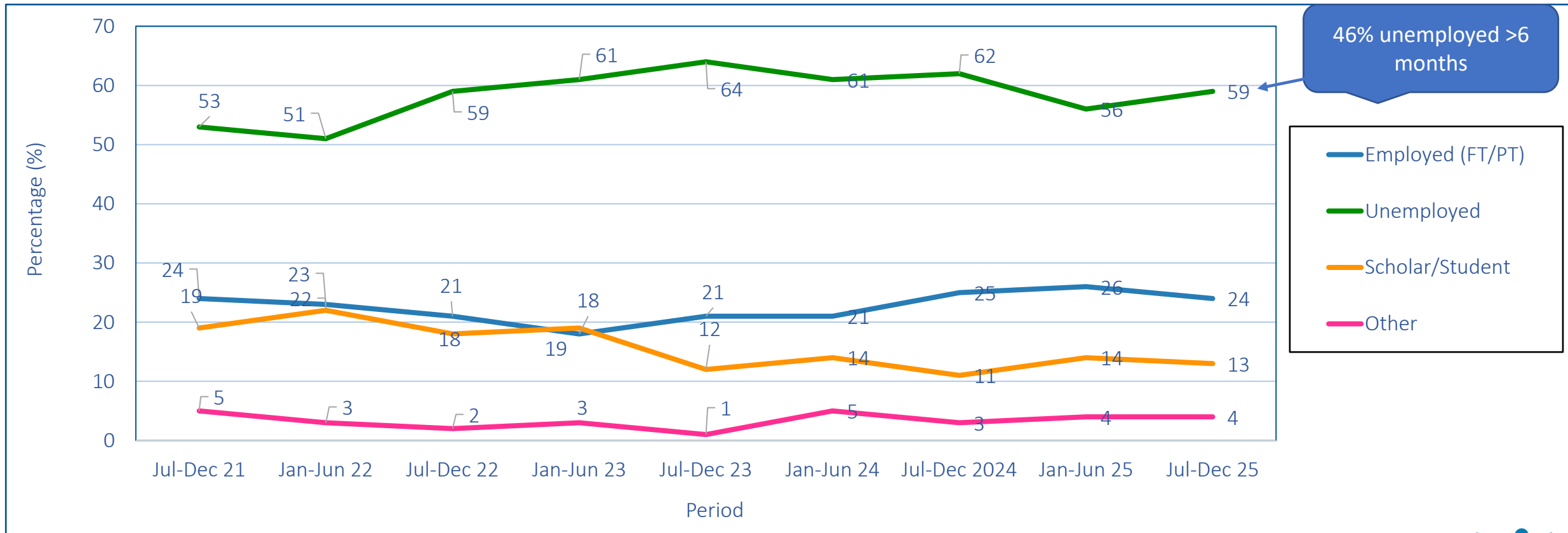
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HIGHEST LEVEL OF EDUCATION



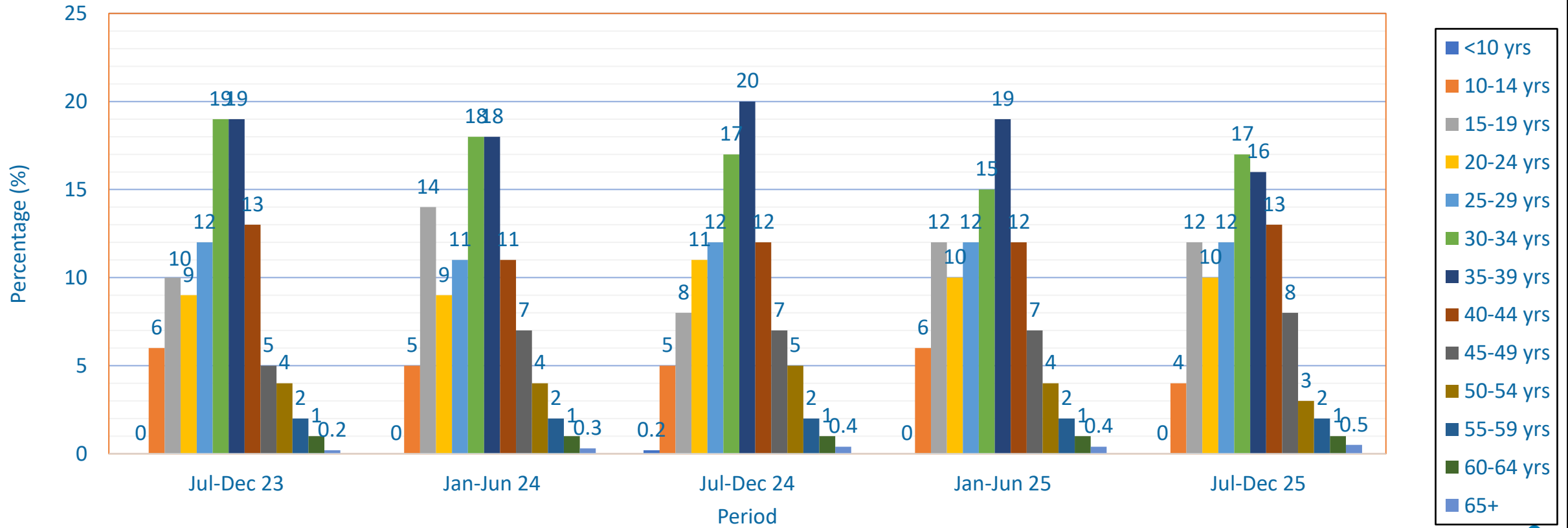


EMPLOYMENT STATUS





AGE DISTRIBUTION



MEAN AGE BY PERIOD



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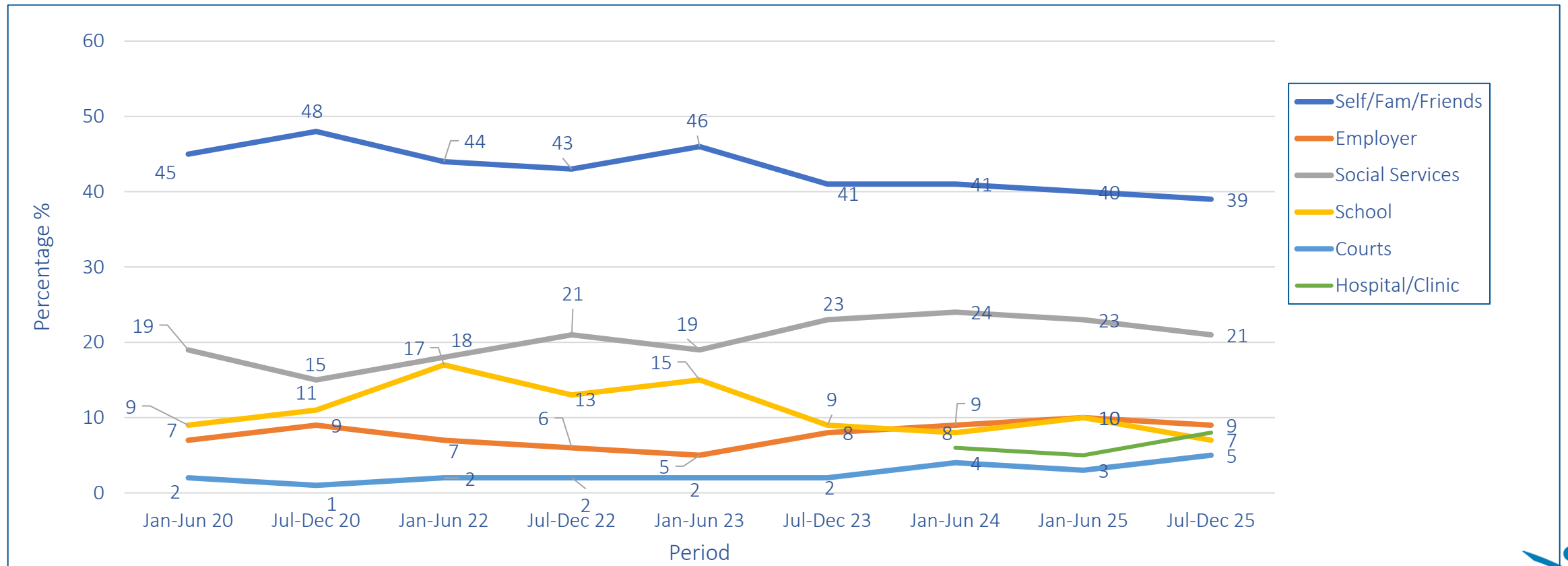
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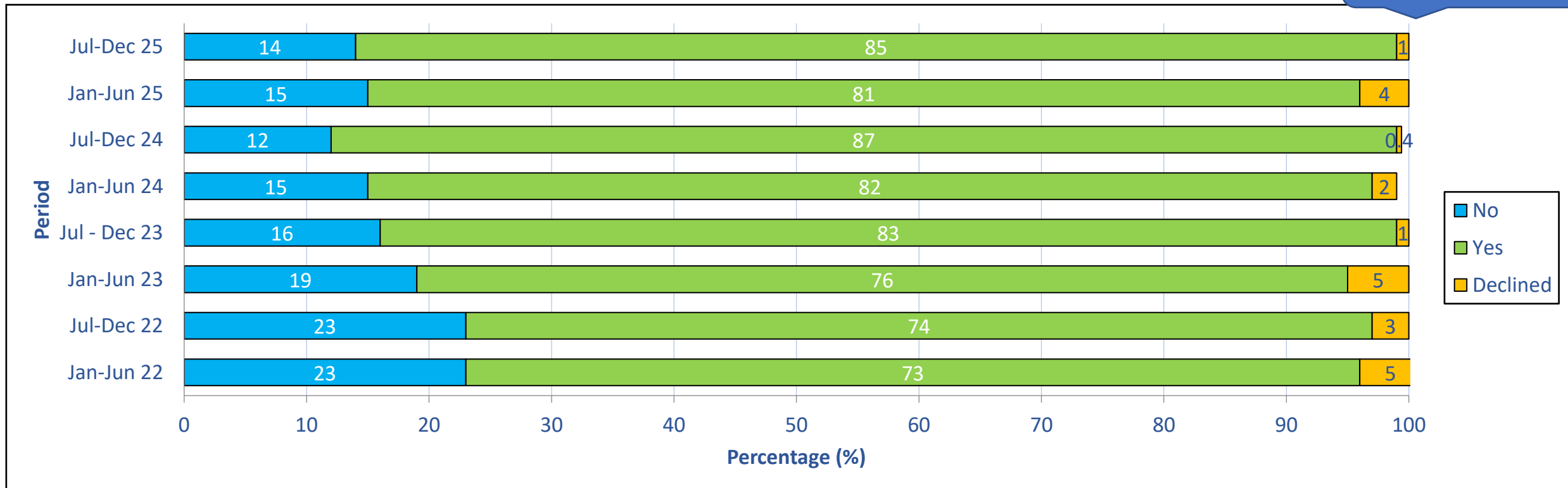
PRINCIPAL REFERRAL SOURCES





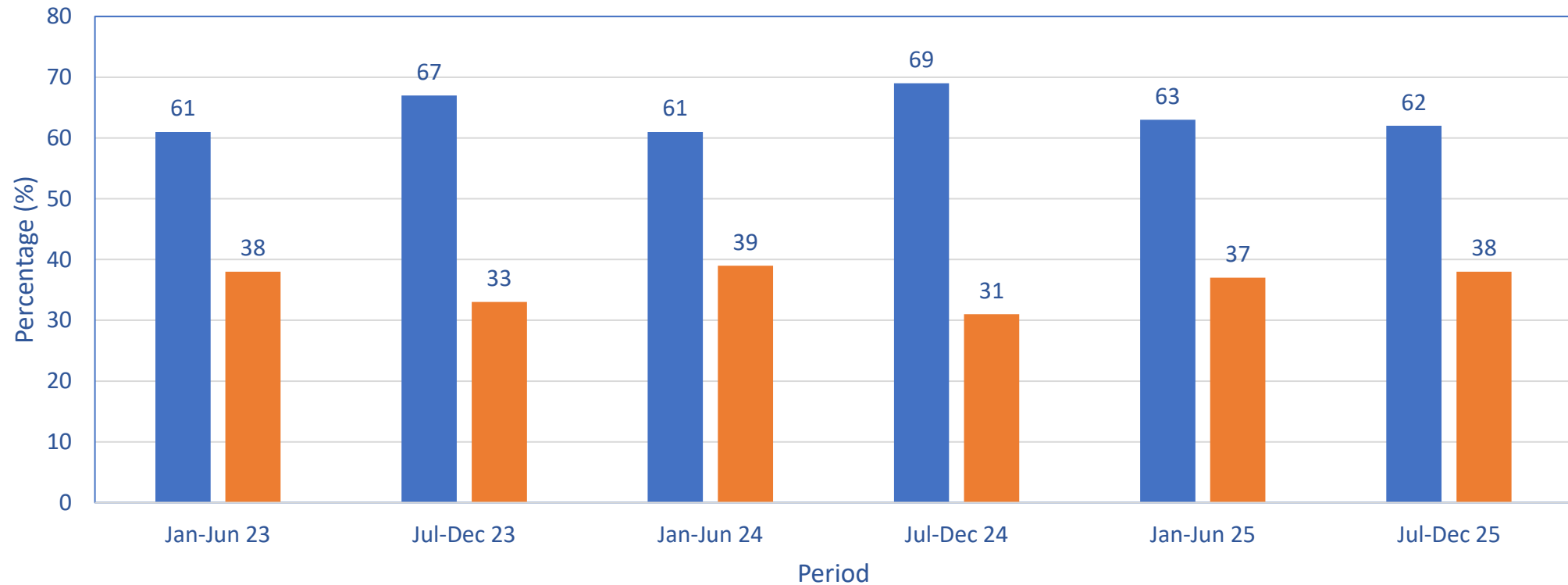
PRIOR HIV TESTING UPON ADMISSION

64% tested within the last 12 months





HIV TESTING REFERRAL



■ Yes ■ No

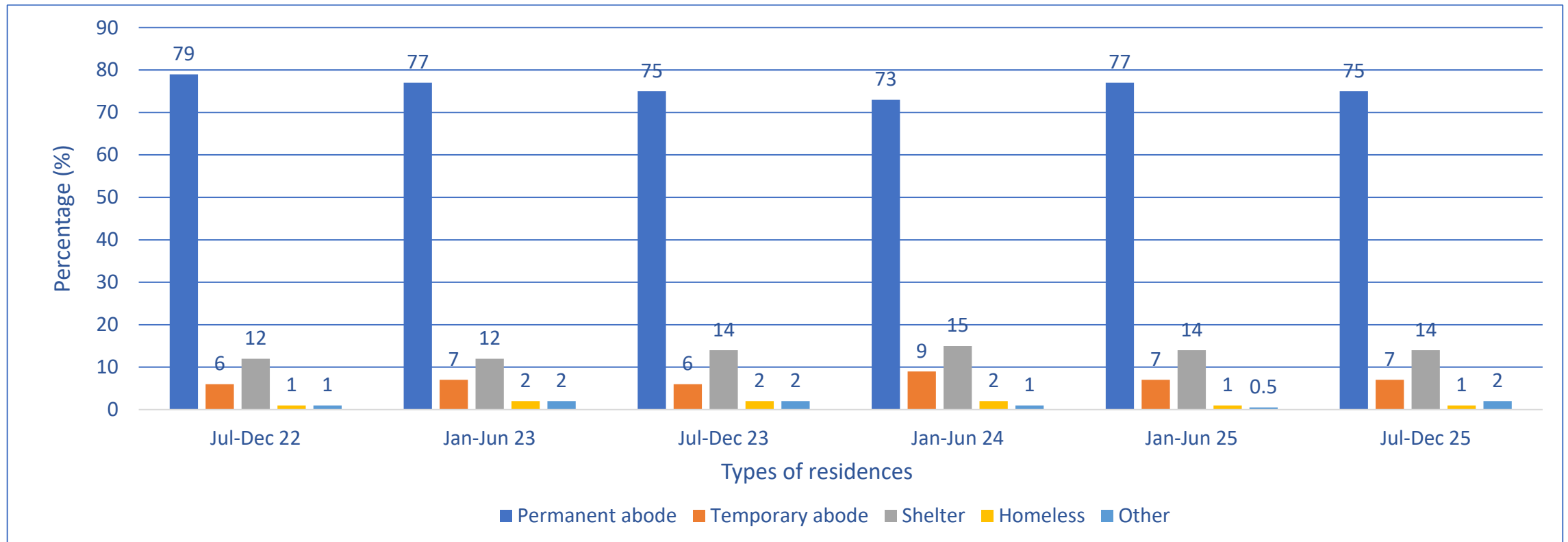
WHERE DO SERVICE USERS RESIDE



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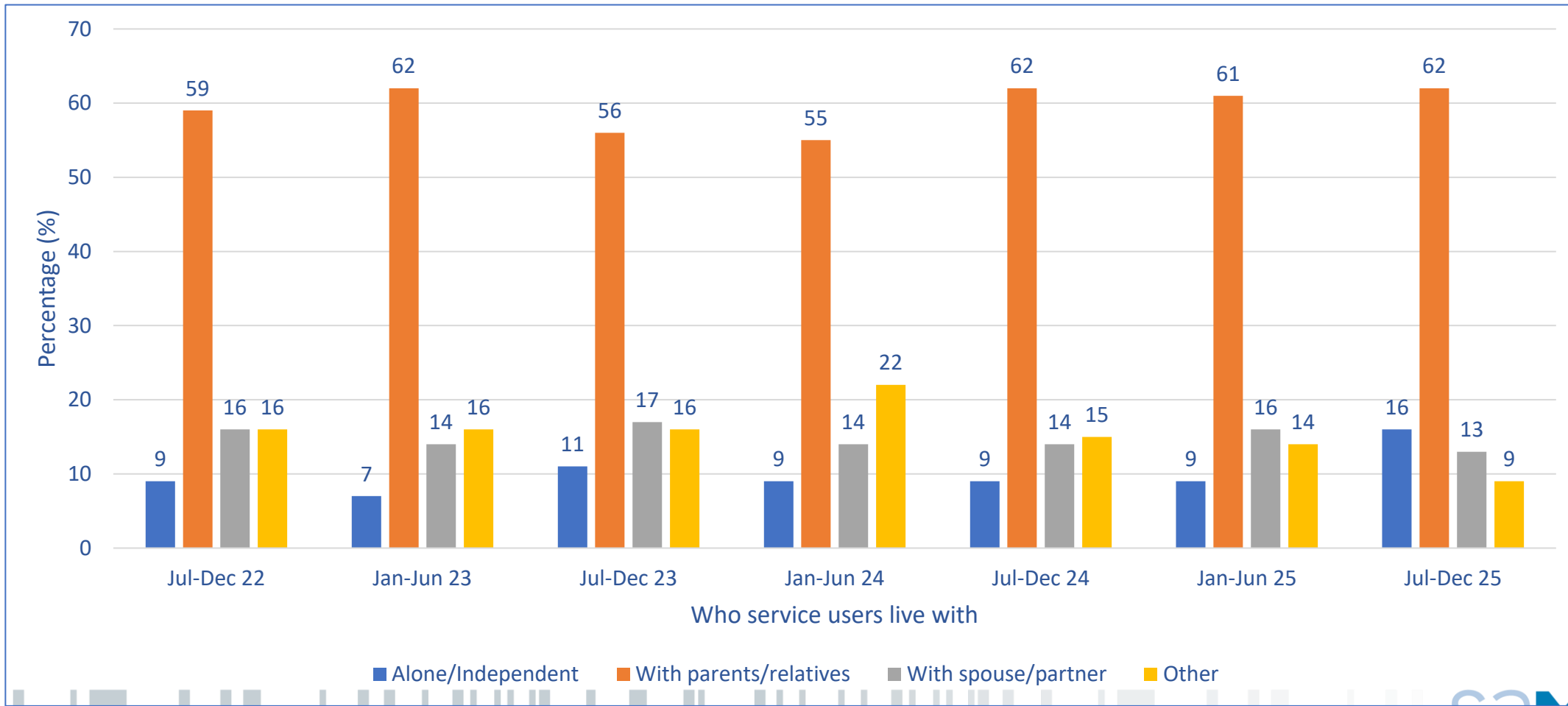
WHO DO SERVICE USERS LIVE WITH



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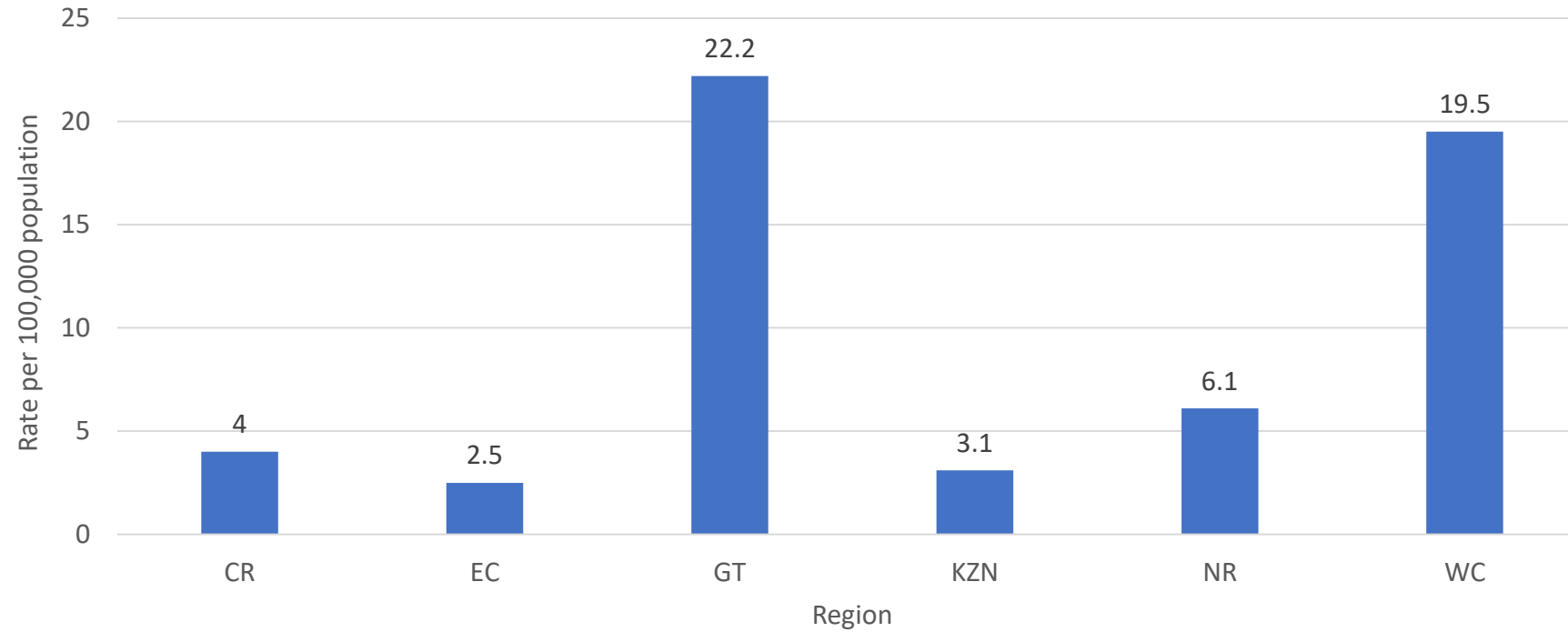
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POPULATION-ADJUSTED ESTIMATES



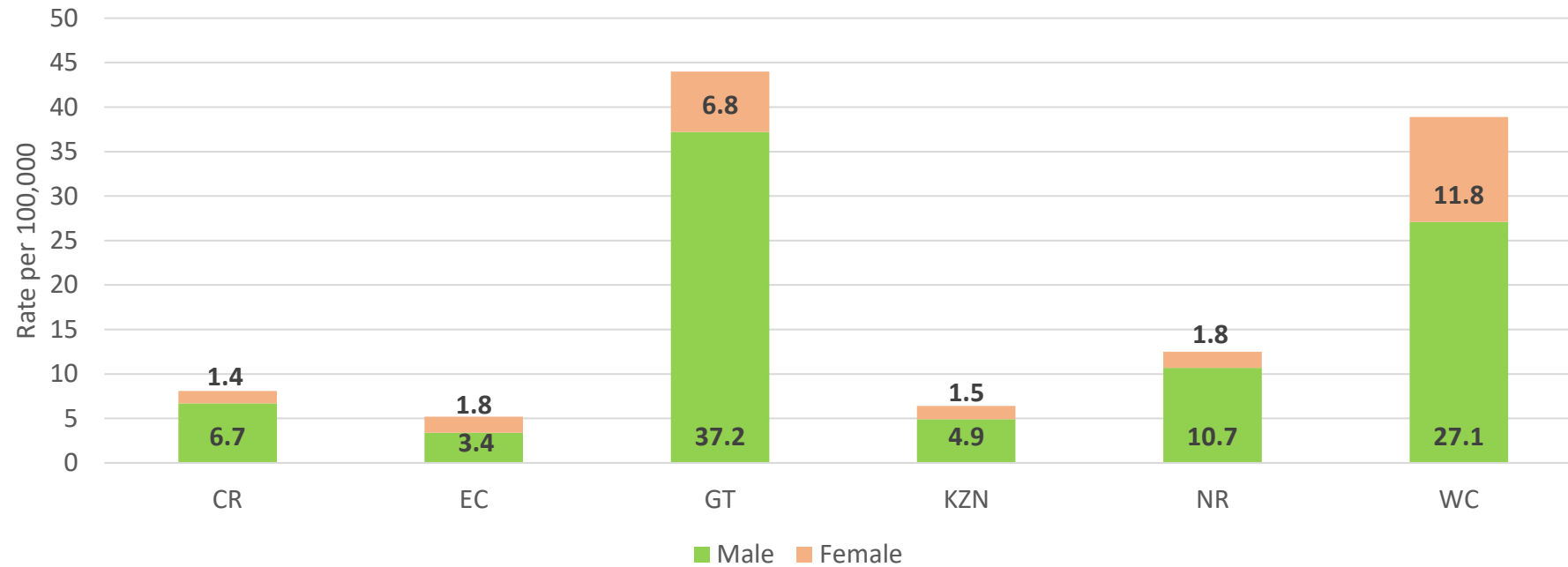


Age and Sex-adjusted rate per 100,000
All Admissions





Age-adjusted rate per 100,000
Gender





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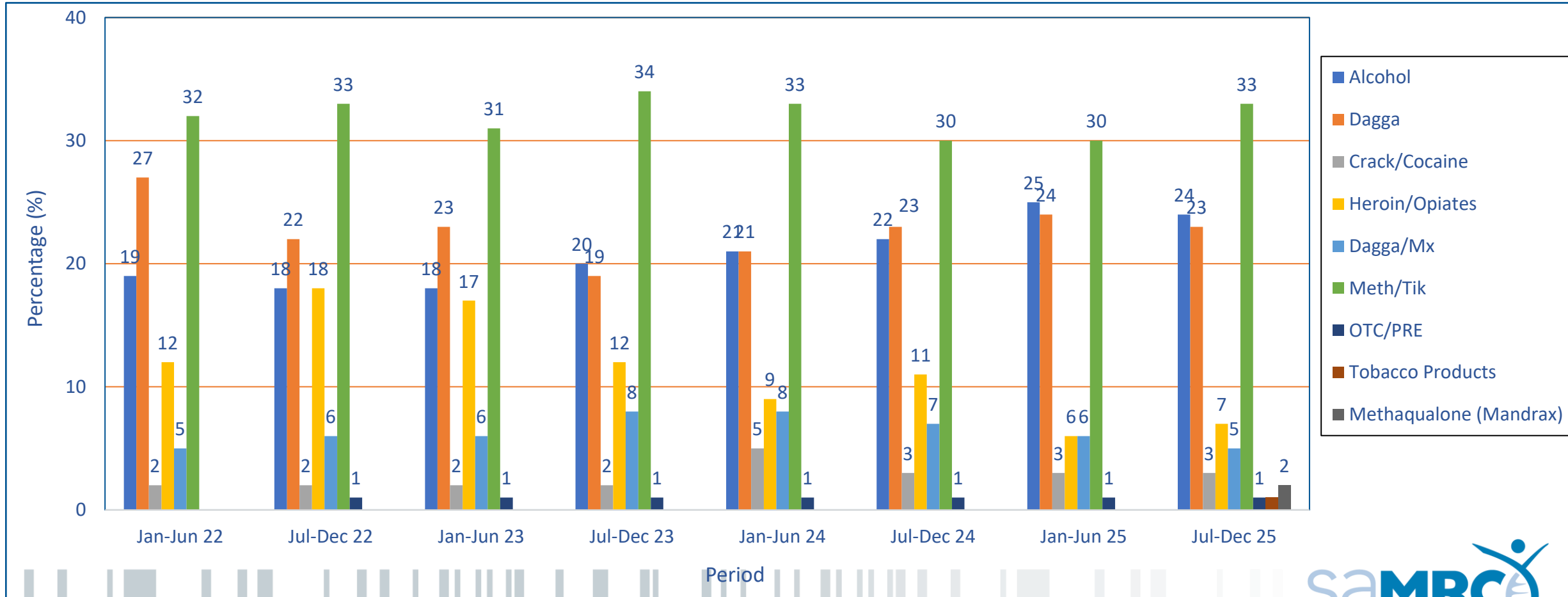
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SUBSTANCES OF USE





WC PRIMARY SUBSTANCE OF USE



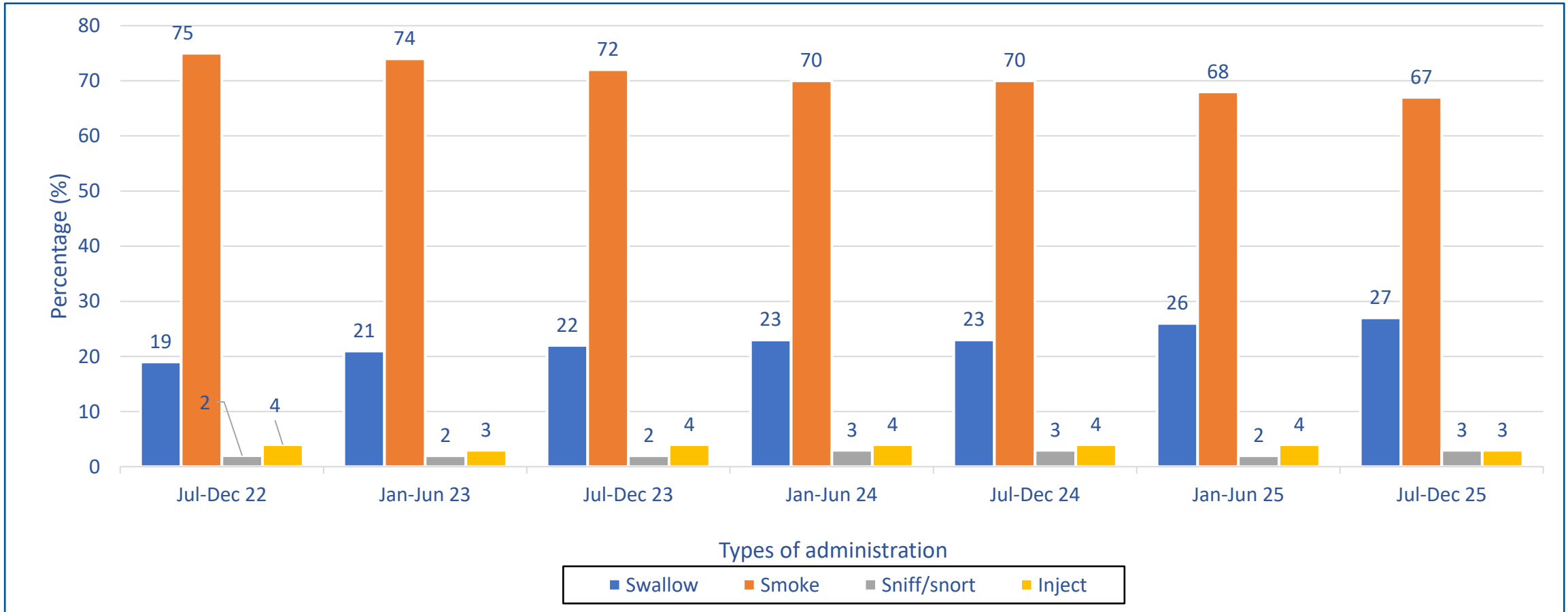
ROUTE OF ADMINISTRATION



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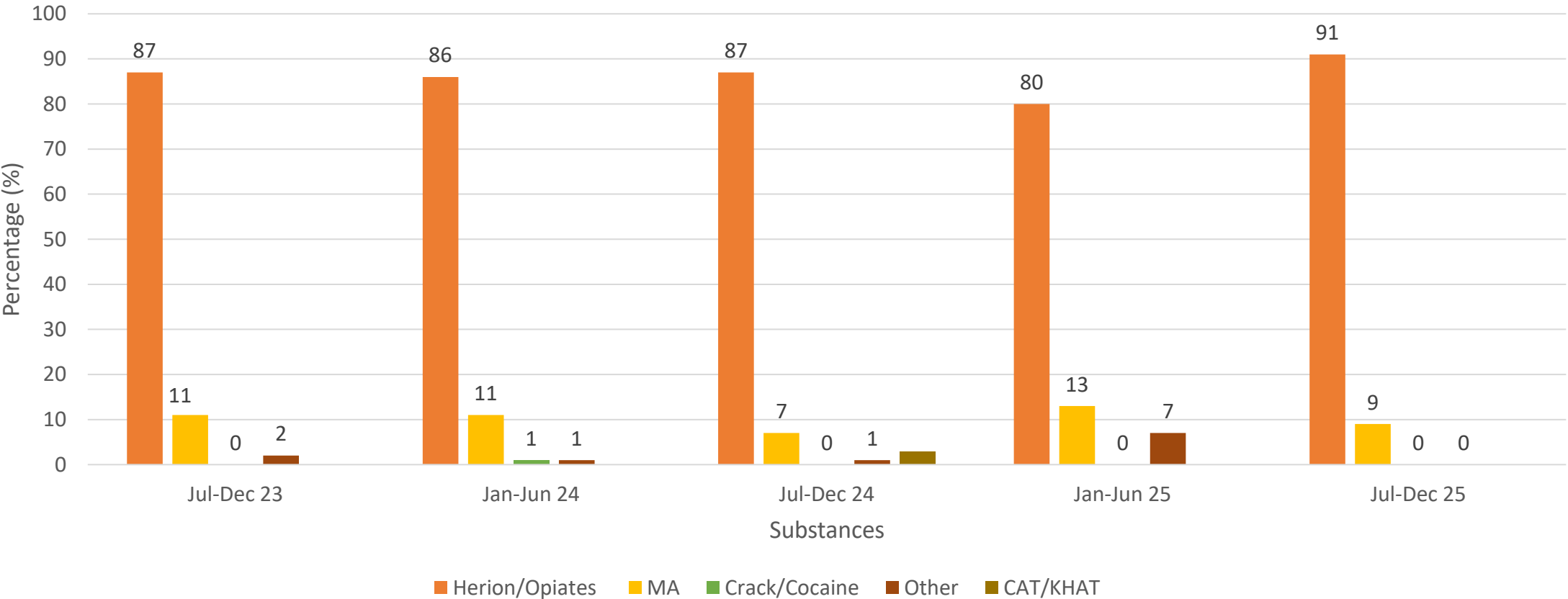
PRIMARY SUBSTANCES COMMONLY INJECTED



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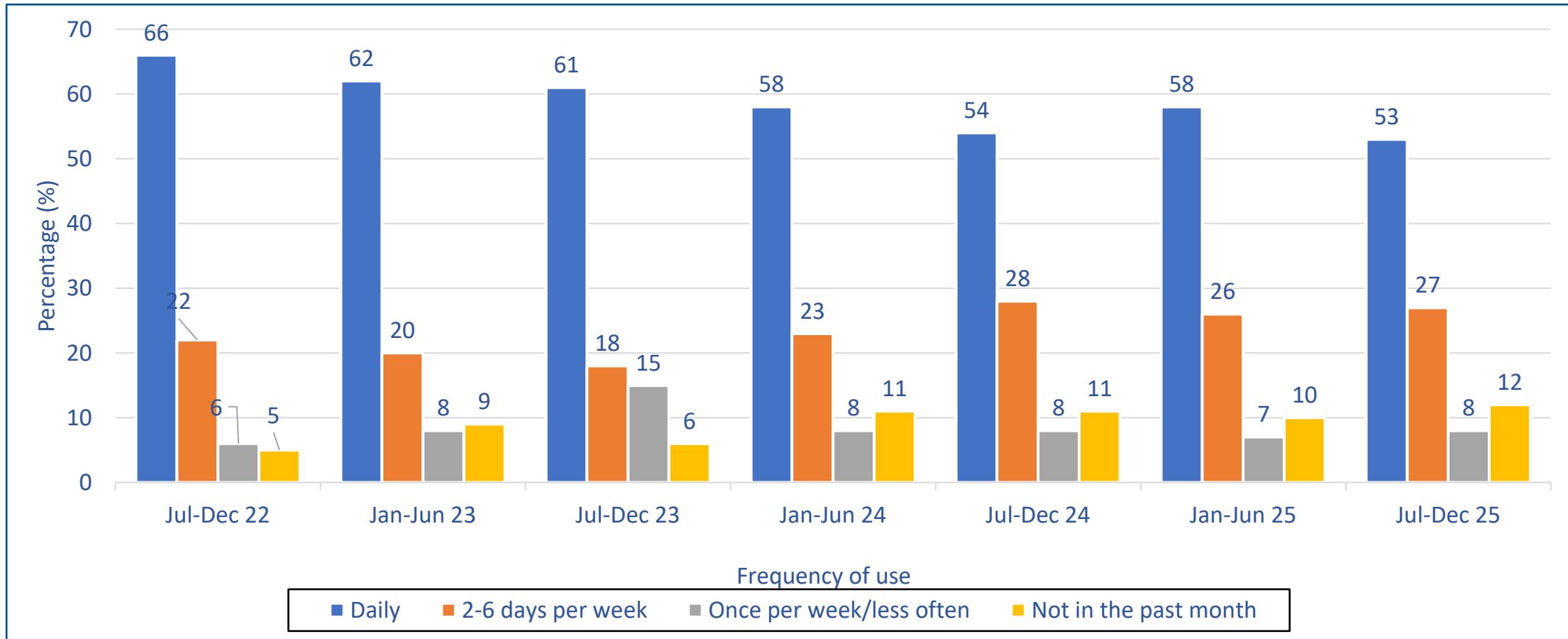
FREQUENCY OF USE



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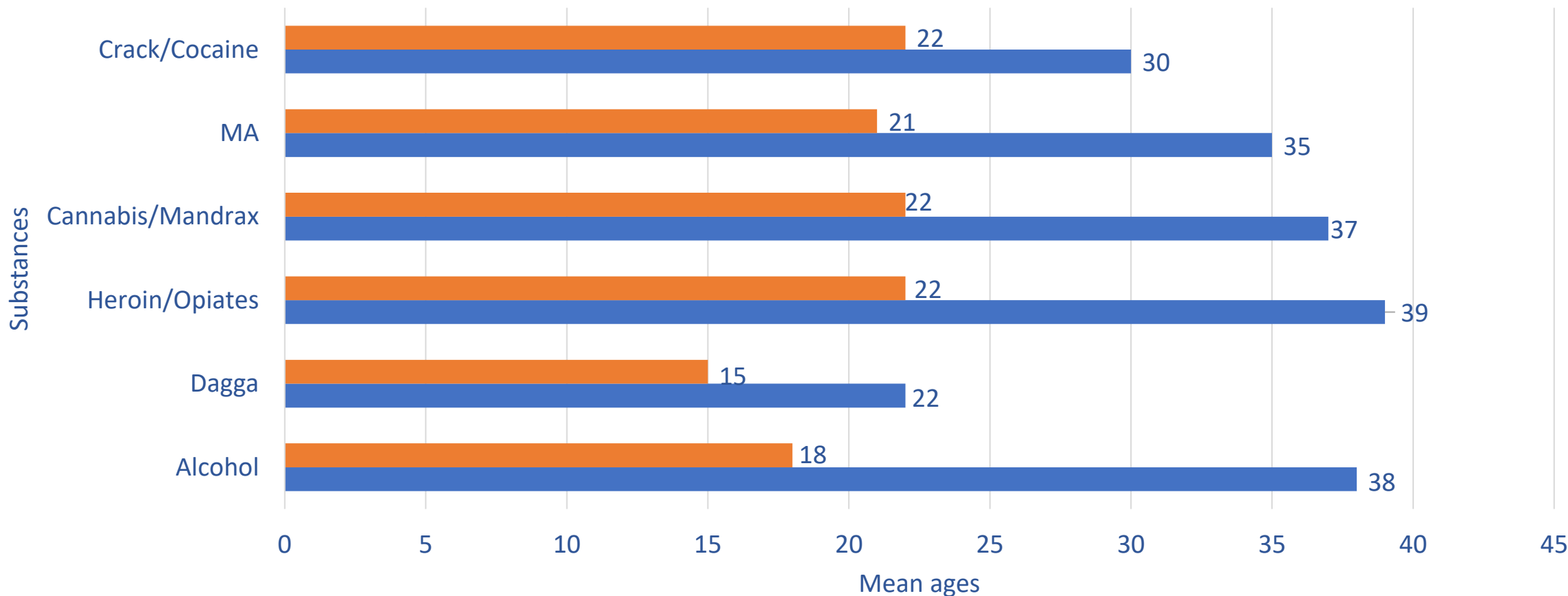
TOP 5 PSOA BY MEAN AGE/MEAN AGE OF INITIATION



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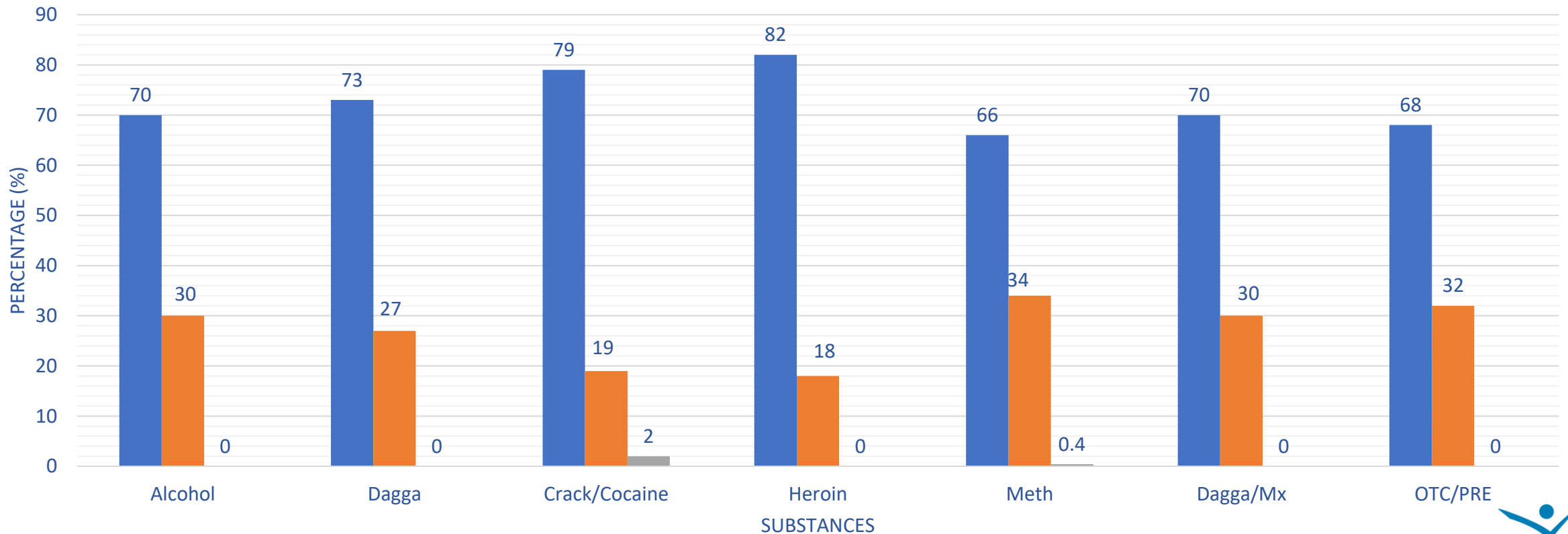
■ Mean Age of Initiation ■ Mean Age



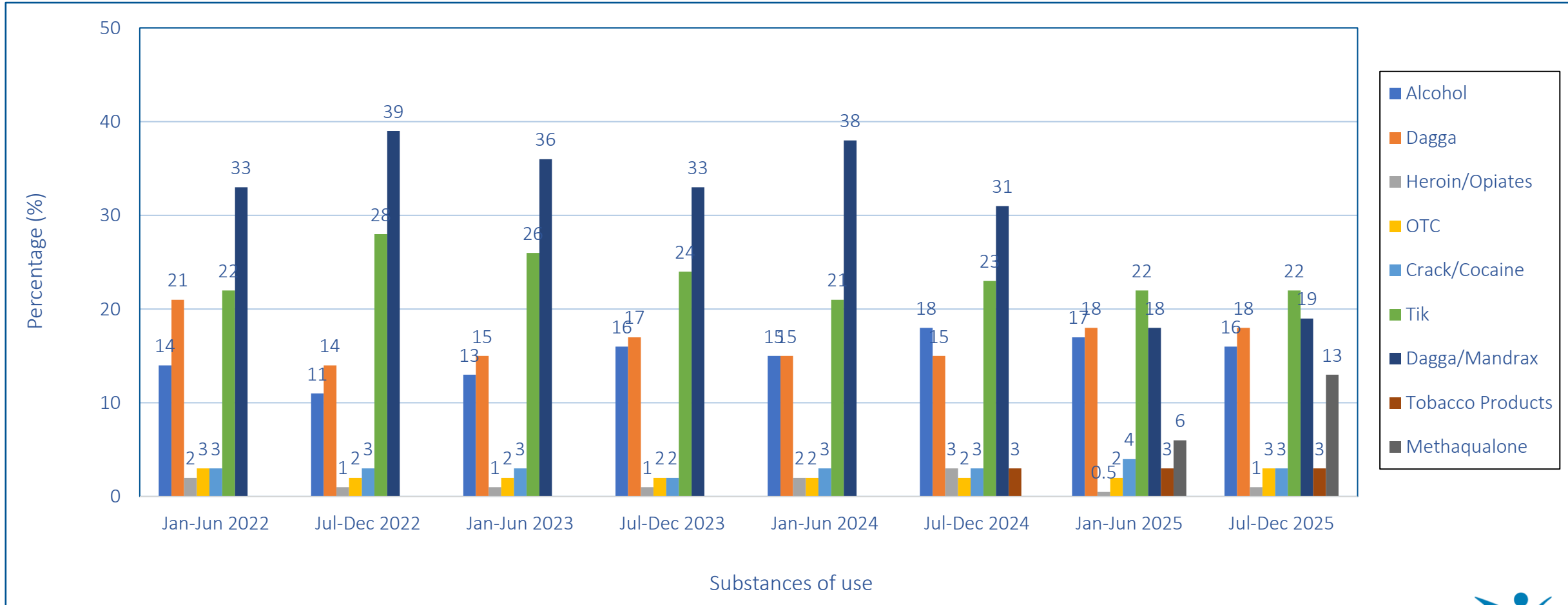


PRIMARY SUBSTANCE OF USE BY GENDER

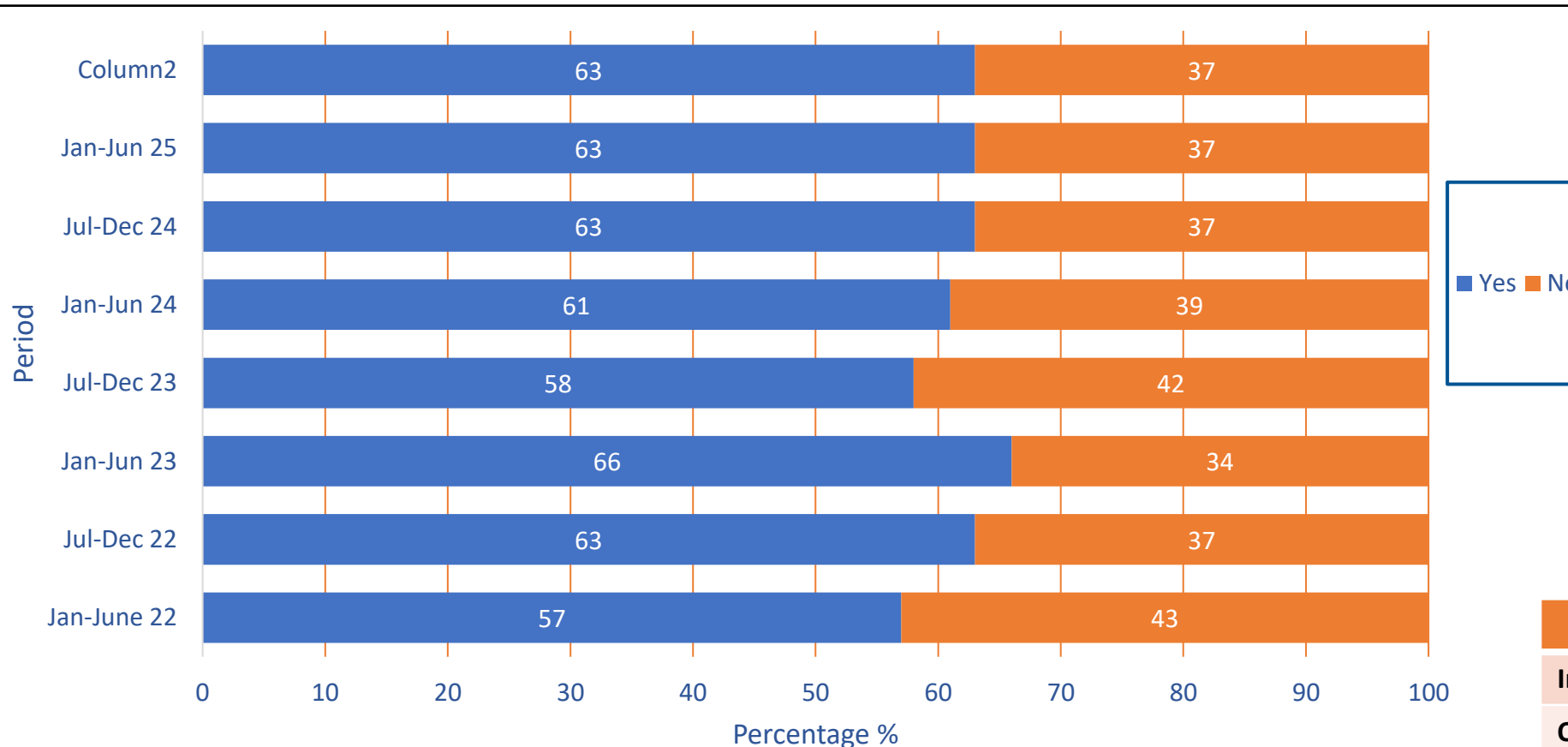
■ Male ■ Female ■ Other



SECONDARY SUBSTANCE OF USE



FIRST TIME ADMISSIONS VS READMISSIONS WC (mean n = 2)



WC Tx readmissions	Frequency (n)
1	273
2	78
3	46
4	27
5-10	26
11-20	2
21-50	3

Type of prior tx	n
Inpatient	252
Outpatient/Community-based	276
Detox	52





Profile of Individuals who use Codeine (n=55, 4%)

Percent (%)

Majority were males

73%

Majority were aged:
30-34 years

16%

Unemployed

58%

Second product (n = 16)

1%

Type of Codeine-containing medication misused

Adcodol; Stilpain; Painamol

} Tablets

Cough mixture, Lean, Bronchleer, Benilyn cough syrup

} Syrup

SERVICE USERS REPORTING NCDS UPON ADMISSION (n =408, 31%)

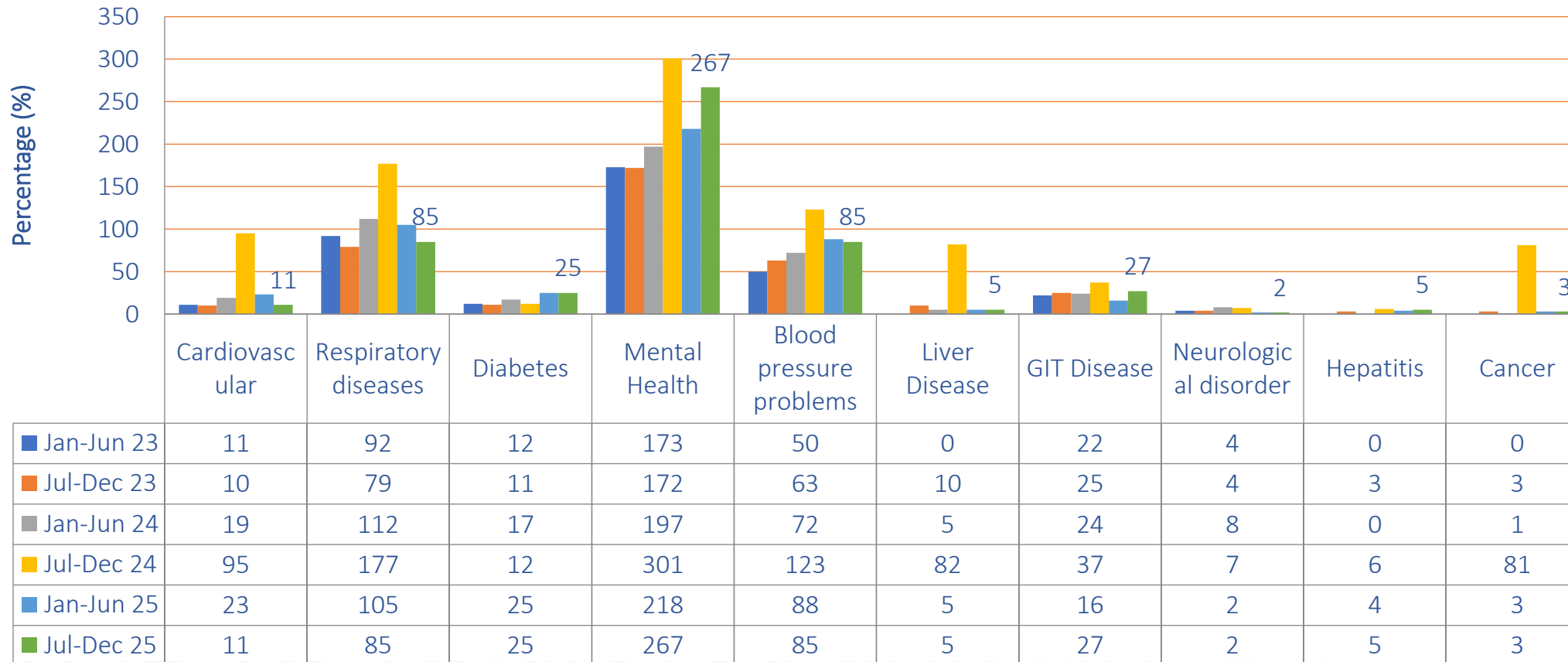


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NCD's Western Cape



Last seen Doctor	%
Less than 2 years ago	84
2-5 years ago	9
More than 5 years ago	7

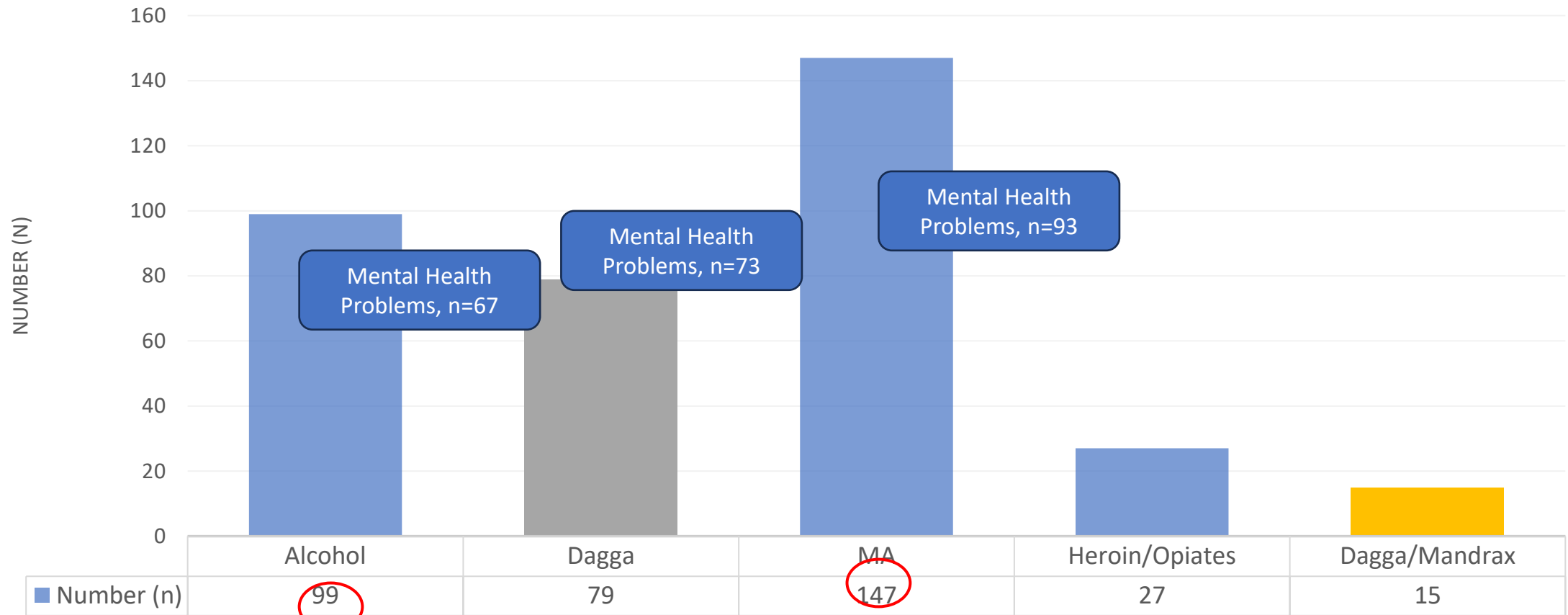
NCD BY SELECTED PRIMARY SUBSTANCE



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SUBSTANCE USE DURING PREGNANCY

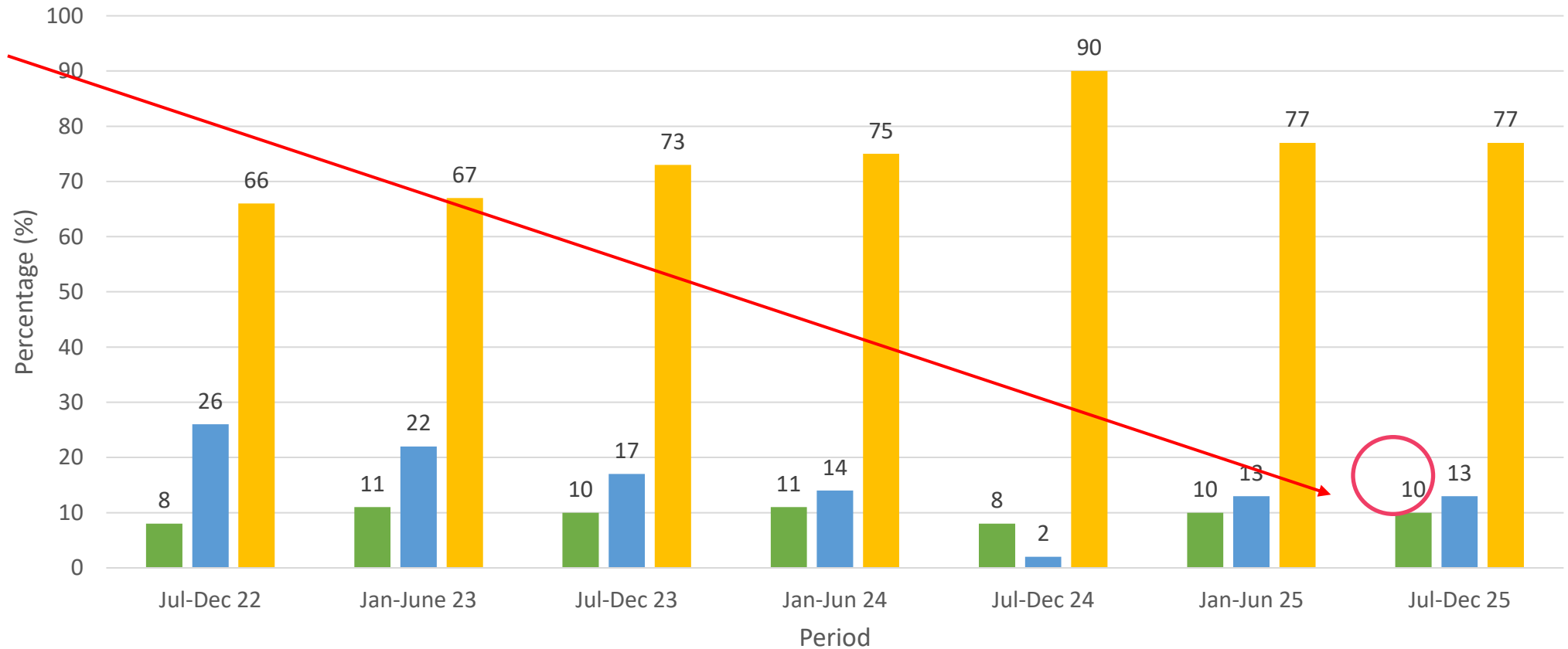


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Substances Used	N =
Alcohol	23
MA	44
Dagga	11
Cannabis/Mandrax/Methqualone	4
Heroin/Opiates	3
OTC/PRE	2
Other	22
crack/cocaine	1



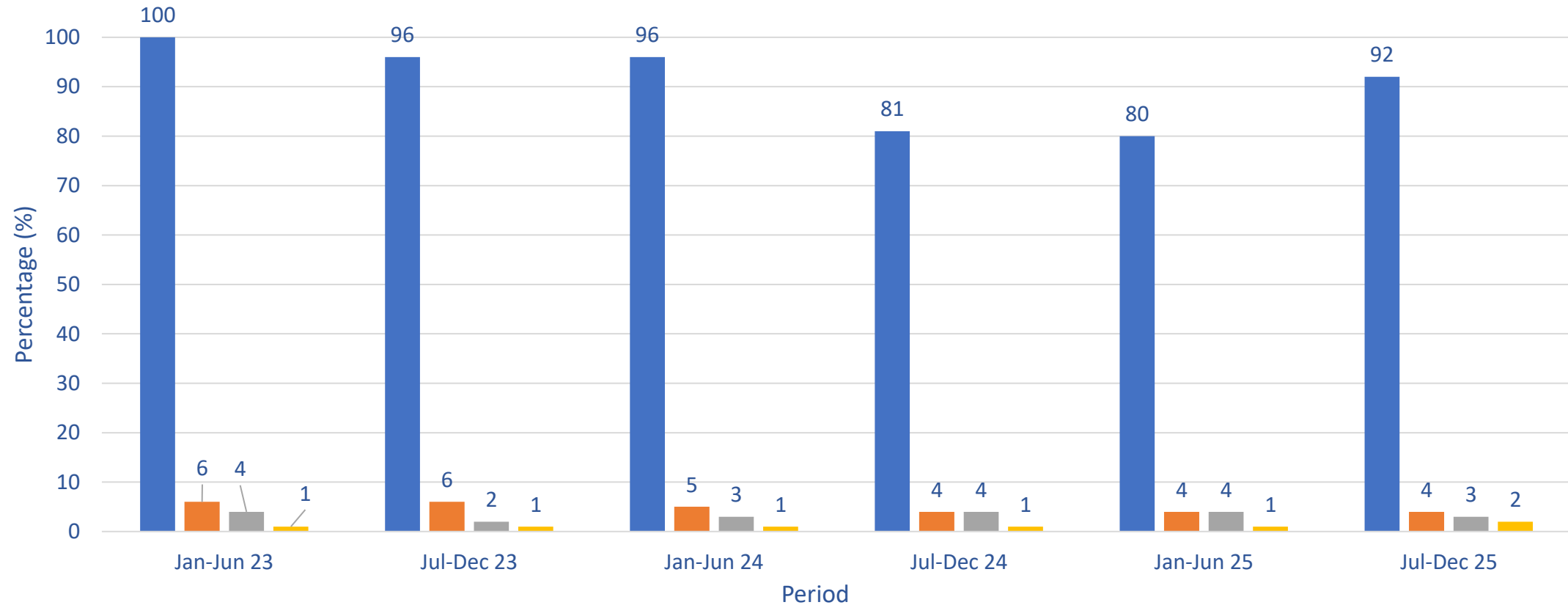
TOBACCO USE (n =1273, 85%)



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■ Cigarettes ■ Hookah Pipe ■ ecigarettes ■ Other





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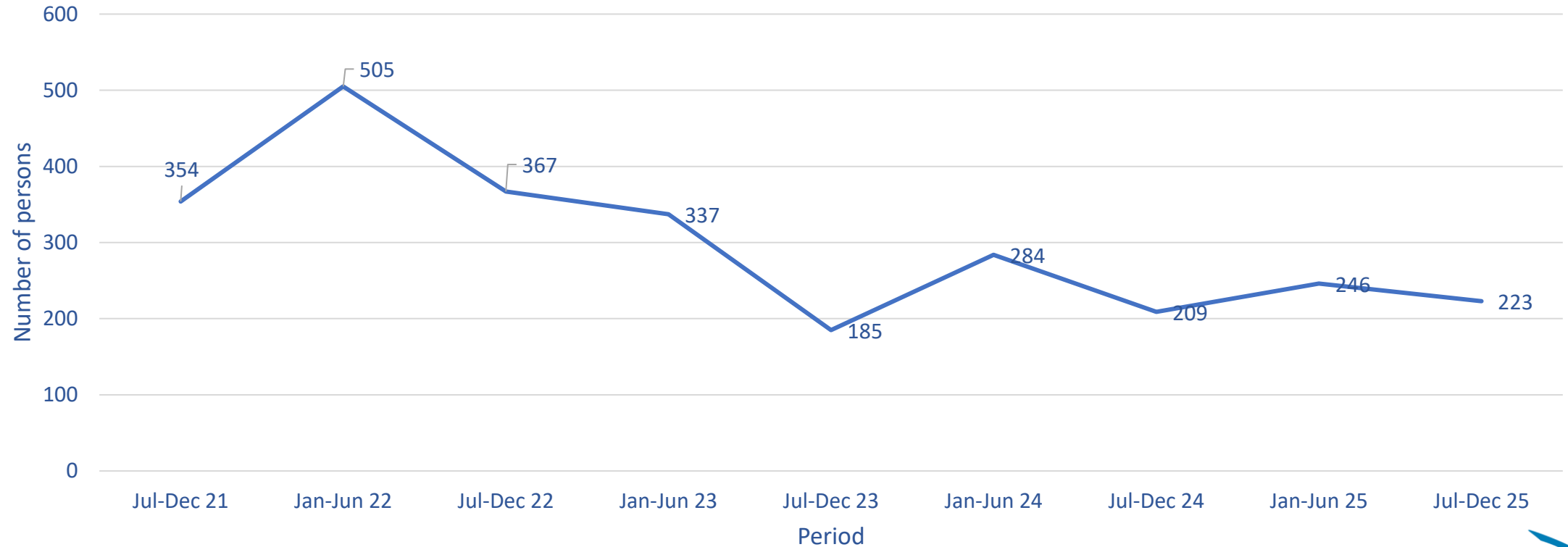
18 AND UNDER





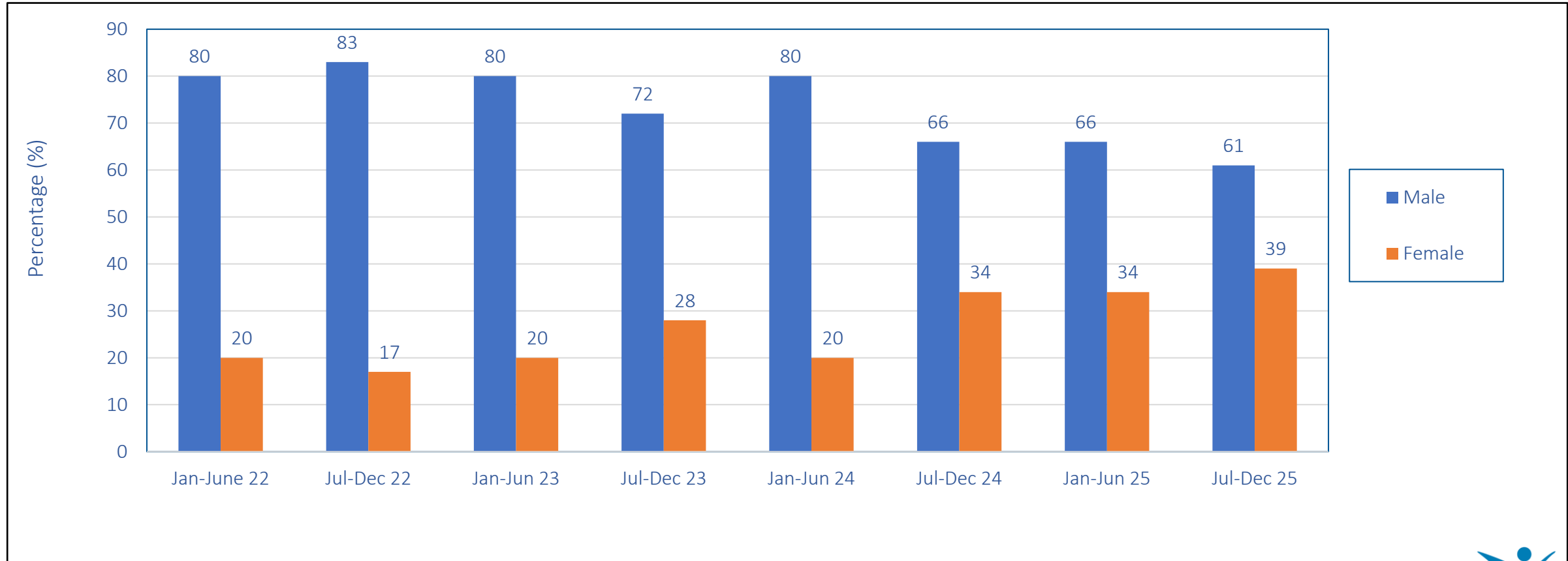
NUMBER OF SERVICE USERS IN TREATMENT

18's and under



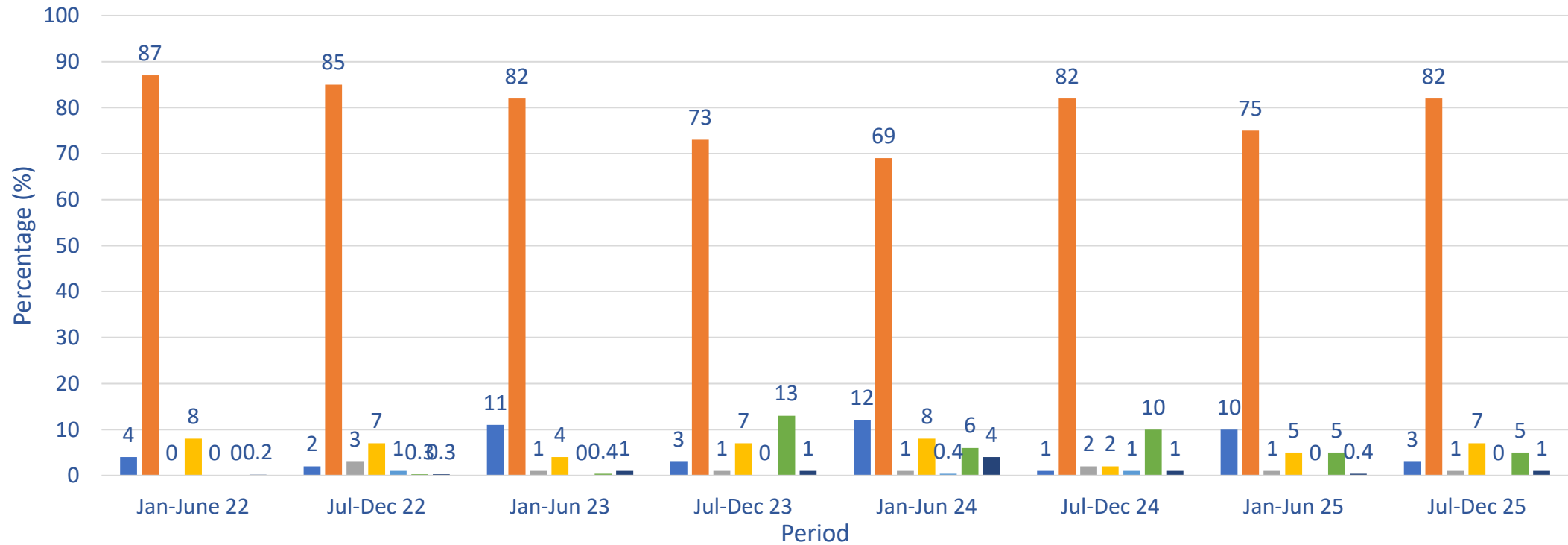


GENDER OF 18 AND UNDER





PRIMARY SUBSTANCE OF USE 18 AND UNDER



■ Alcohol ■ Dagga ■ Mandrax ■ Tik ■ Heroin/Opiates ■ Tobacco products ■ Crack/Cocaine

WESTERN CAPE SUMMARY



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- Males continue to dominate treatment access; highest rates of females accessing tx nationally
- Largest age category accessing treatment is 30-39
- Continued high unemployment rate among clients
- Highest rates of readmissions in the country (37%)
- Highest rates of HIV-testing in the country (85%)
- Highest rates, nationally on ever-use of substances during pregnancy (10%)
- Mean age of treatment access: 34; mean age for first use of substance for primary and secondary substance: 19 years old
- Most used substances: MA, Alcohol, Dagga
- Mandrax has been reported as the most commonly used secondary substance, followed by MA, and Dagga
- Majority codeine users: male; largest age category reporting codeine use: 30-34; unemployed
- Mental health was the most reported NCD, followed by respiratory diseases, and blood pressure illnesses
- Most used substances for 18 years and under: Dagga
- Half of the 18 years and under reported a secondary substance



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**THANK YOU
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ENKOSI**

