MONTHLY REPORT ON WEEKLY NUMBERS OF DEATHS IN SOUTH AFRICA

NOVEMBER 2023

(TO EPIWEEK 48)

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Burden of Disease Research Unit South African Medical Research Council 20 December 2023



Glossary:

Actual number of deaths: The actual number of deaths in South Africa have been estimated from the numbers recorded on the National Population Register. We use weighting factors set to produce results consistent with those of the annual Rapid Mortality Surveillance Report to account for deaths of persons who are not on the National Population Register as well as those that have not been registered with the Department of Home Affairs. The adjustments to account for incompleteness of recording of deaths on the National Population Register were re-estimated taking into account the 2017 cause-of-death data released by Stats SA in 2021.

Epi-week: We report by an 'Epi-week' consistent with CDC and many NICD reports which run from Sunday to Saturday, ensuring continuity of weeks from one year to the next. Each week is aligned with the 'Epi-year' that has 4 or more days in that week. Week 53 of 2020 is from 27 December 2020 to 2 January 2021, Week 1 of 2021 is 3 January – 9 January 2021, Week 1 of 2022 is 2 January – 8 January 2022 and Week 1 of 2023 is 1 January – 7 January 2023.

Predicted number of deaths: The predicted number of weekly deaths have been revised after an investigation into the underlying trends in mortality prior to 2020. They are now modelled on data from the period **2015-2019** rather than for the period 2014-2019. A single negative binomial model has been used for unnatural deaths allowing for age and sex. Negative binomial models have been fitted for each province in 10-year age groups from 5 years of age, allowing for different historical trends in each age group. In contrast, for <1 year and 1-4 years, the predicted numbers were set to the average rates for 2015–2019 were continued. The predicted numbers for each component have been summed to give the total.

P-score: The P-Score is frequently used to describe excess mortality. It is the percentage change in the number of deaths from the expected number for that week. Negative values below 0% reflect a deficit in deaths while positive values reflect an increase.

General warning: The Department of Home Affairs faces sporadic temporary office closures for various reasons. Closure may cause a delay in the processing of the death registration which would result in an underestimate of the deaths in the most recent weeks.

Background

The weekly reports on excess natural deaths in South Africa ended in December 2022. The growing uncertainty about the estimate of the counterfactual (predicted) numbers of deaths the further from the start of the pandemic that one projects and the need to allow for the impact of the epidemic on the size of the population (particularly at the older ages), demanded an investigation into the appropriateness of the models that were being used.

A careful evaluation of the trends in mortality rates since 2014 was undertaken. This indicated that it would be better to exclude the data for 2014 from the models as the numbers of deaths in 2014 were substantially higher than those of 2015–2019. Secondly, it was noted that rates of change in mortality differed by age group. A detailed report on the revised predicated numbers is still in preparation. Briefly, the predicted numbers of weekly deaths for 2020 - 2023 have been estimated using new models together with population estimates for 2020 - 2023 based on data from the pre-COVID period 2015–2019. The overall impact of revised predicted (without changing the benchmark in the early stage of the pandemic) is to reduce the estimate of excess deaths from natural causes for the period 2020 - 2022 by some 32,000 (less than 10%). Much of this was due to the overestimate of excess deaths under age 5.

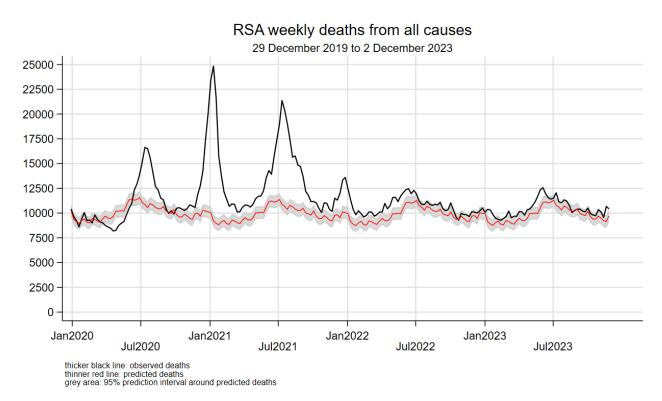
The predicted values for the weekly deaths are based on negative binomial models for natural deaths for each province for 10-year age groups (to deal with digit preference in the deaths) from 5-years of age allowing for age-specific trends. For child deaths <1 year and 1-4 years, the average deaths rates for 2015 – 2019 were continued. Deaths in the 10-year age groups have been redistributed to the component five-year age groups in proportion to mortality increases between the 2 five-year age groups from model life table (Coale & Demeny West level 20) up to the age group 35-44. The apportionment for age group 35-44 was applied to all the older age groups.

This monthly report provides estimates of the weekly number of deaths of all persons in South Africa up to the end of epidemiological **Week 48** of **2023**, covering the period **January 2020** till **2 December 2023**. It reports national estimates for all causes of death as well as natural and unnatural causes. The report also presents natural deaths by significant age groups.

This monthly report includes the trends in provincial estimates for all-cause deaths as well as the sex-age group breakdown for natural deaths.

All-cause deaths

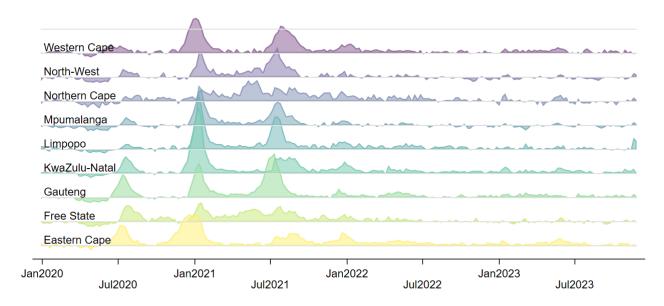
- The all-cause weekly deaths in 2023 reverted to within the prediction bounds (for both natural and unnatural) since February 2023, following a short period of exceeding the upper prediction bound in January. Thereafter the weekly numbers occasionally exceeded the upper prediction bound, driven by increases in deaths from natural causes, particularly among persons older than 60 years. Weekly all-cause deaths were elevated during May, running higher than the upper prediction bound from Weeks 20 to 23. There was a single spike in the numbers of deaths in July in Week 28. Again, in Weeks 28 to 30, the numbers of deaths from natural causes exceeded the upper prediction bound, particularly for persons 80 years and older.
- Natural deaths of persons 20-39 years have tracked consistently above the predicted numbers throughout 2023, although they do not exceed the upper prediction bound.
- During November (Weeks 45 to 48), the weekly number of deaths continued to track within the prediction bounds, excepting for a noticeable spike in the numbers of deaths in Week 47 (19 25 November 2023). During this week there were 10 348 deaths compared with the predicted 9 142 i.e. 13% higher than expected. This was largely a result of a sharp increase in deaths in Limpopo province (1 532 observed deaths compared with 1 090 predicted, i.e. 41% higher than expected). The increase in deaths was mostly from natural causes among older women and coincided with extremely hot weather in that province, and in Gauteng and KwaZulu Natal provinces to a lesser extent.



Numbers have been scaled to the estimated actual number of deaths

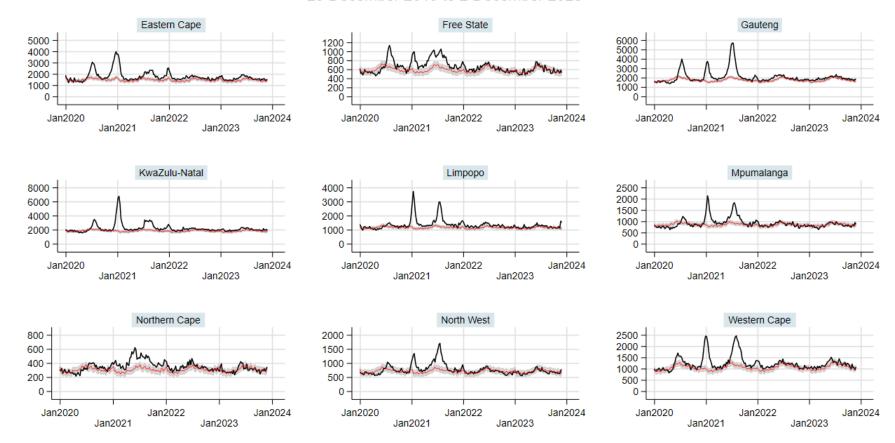
All-cause deaths by province

p-score for weekly deaths in South Africa from all causes by province 29 December 2019 to 2 December 2023



Deaths from all causes, by province

29 December 2019 to 2 December 2023

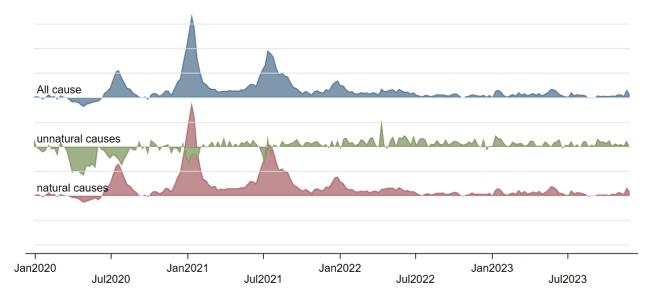


thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

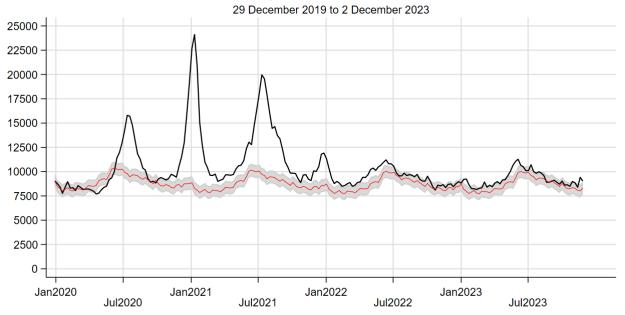
Natural and unnatural deaths

p-score for weekly deaths in South Africa by cause

29 December 2019 to 2 December 2023

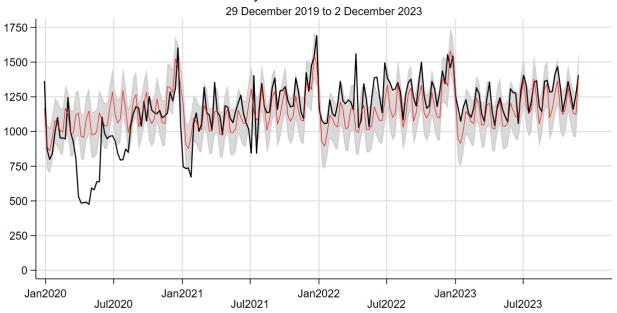


RSA weekly deaths from natural causes



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

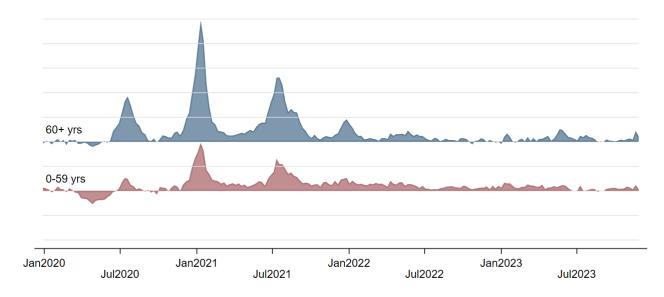
RSA weekly deaths from unnatural causes



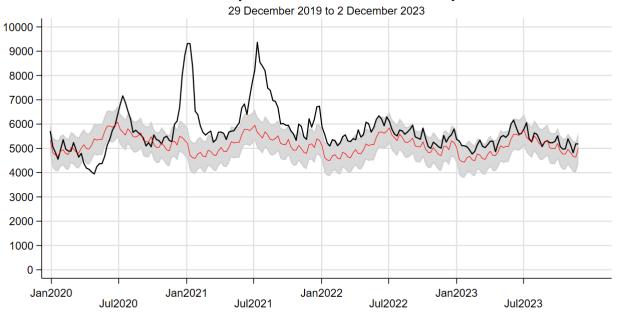
thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

Natural deaths by broad age groups

p-score for weekly deaths in South Africa from natural causes by broad age group
29 December 2019 to 2 December 2023

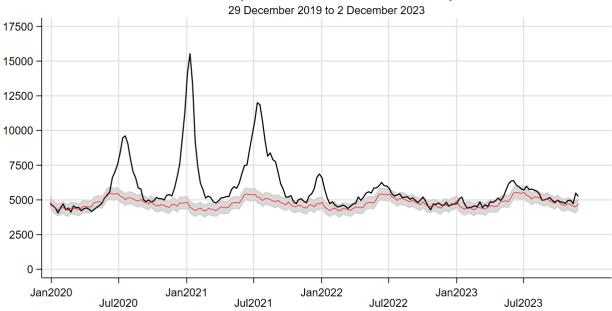


RSA weekly deaths from all causes: 0-59 years



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

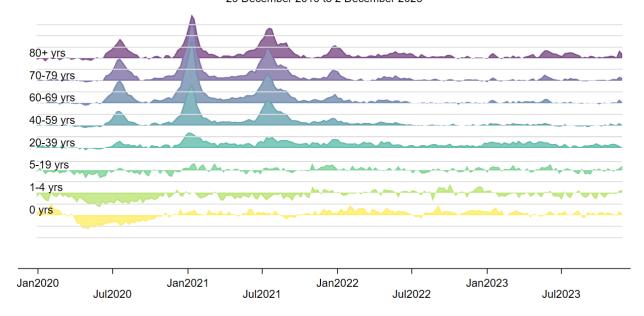
RSA weekly deaths from all causes: 60+ years



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

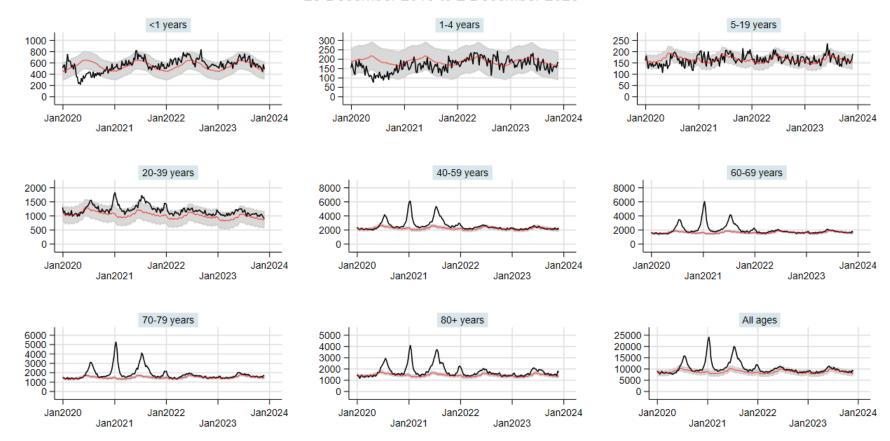
Natural deaths by age group

p-score for weekly deaths in South Africa from natural causes by age group
29 December 2019 to 2 December 2023



RSA weekly deaths from natural causes, by age group

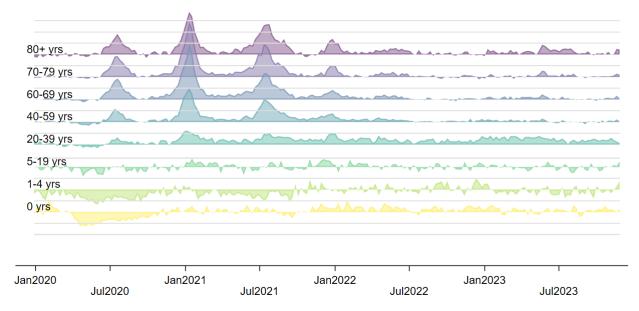
29 December 2019 to 2 December 2023



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

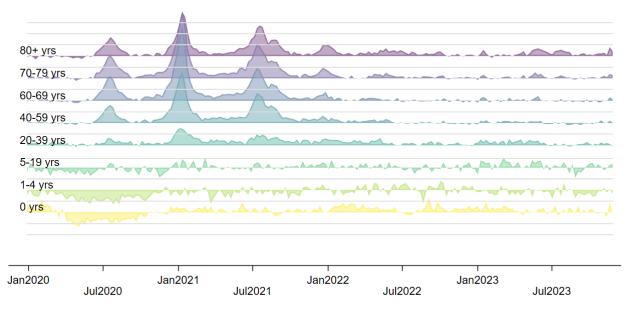
Natural deaths by sex and age group

p-score for male weekly deaths in South Africa from natural causes by age group 29 December 2019 to 2 December 2023



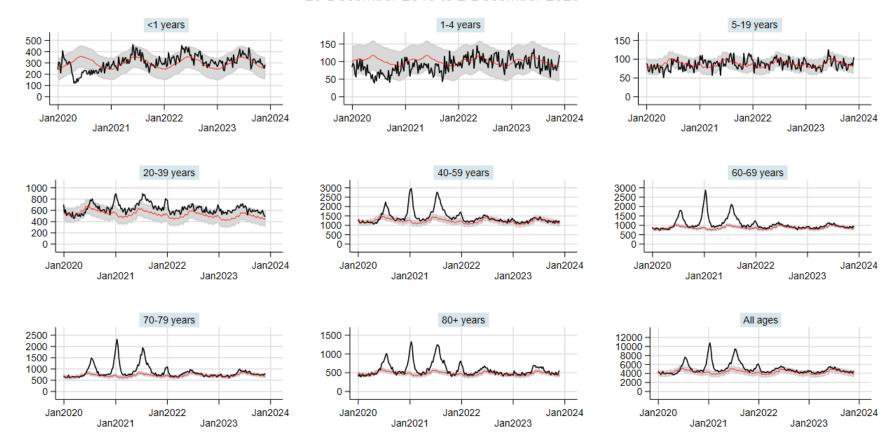
Y-axis: each vertical increment represents 50% above or below predicted

p-score for female weekly deaths in South Africa from natural causes by age group
29 December 2019 to 2 December 2023



Males: Natural deaths, by age group

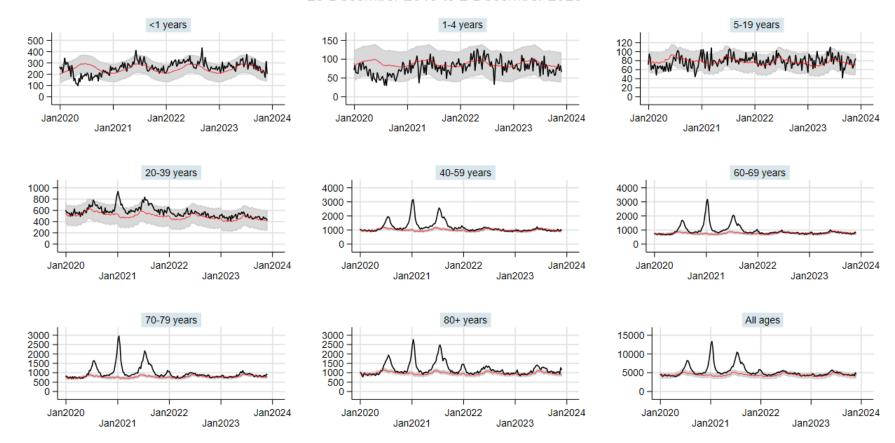
29 December 2019 to 2 December 2023



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths

Females: Natural deaths, by age group

29 December 2019 to 2 December 2023



thicker black line: observed deaths thinner red line: predicted deaths grey area: 95% prediction interval around predicted deaths