

A circular portrait of Christiane Horwood, a woman with blonde hair, wearing a black top and a patterned skirt, sitting at a desk. The portrait is set against a blue circular background with a white border.

Christiane Horwood

Christiane Horwood is a UK-trained family physician, who has been working in South Africa for over 20 years. She is a senior researcher with extensive research experience in the field of maternal and child health and nutrition, with a focus on infant feeding, skills development, community health and implementation research.

Dr Horwood has experience of working in several African countries including Malawi and the Democratic Republic of Congo (DRC). She has been the principal investigator for several large programme evaluations and randomised-controlled trials (RCTs), including for newborn care, and breastfeeding support. She has long-standing partnerships with both WHO and UNICEF and has published over 40 peer-reviewed publications.

Her current projects include a qualitative longitudinal study with mothers working in the informal work environment to prospectively explore these women's experiences and practices regarding pregnancy, infant feeding and childcare. This is a WHO-funded project and project work is being carried out in South Africa and in India.

She is also PI for an upcoming RCT to evaluate the effectiveness of an electronic decision-making tool based on the Integrated Management of Childhood Illness (IMCI), known as eIMCI. She is also currently completing a sixth year in a partnership with colleagues in the DRC and Norway to support the development and implementation of a post-graduate programme in nutritional epidemiology at the Kinshasa School of Public Health. She has extensive experience in teaching and supervising students at Masters level.