

The Web App Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)



The **Web App ASSIST** is a free, easy-to-use digital screening tool based on the WHO ASSIST questionnaire. It helps health and social practitioners quickly assess substance use risk (low, moderate, or high) across a range of substances and gives immediate guidance on next steps, whether brief advice or referral.

The tool works on any phone, tablet, or computer, is data-light, requires minimal training, and does not collect personal identifying information. Screening results can be emailed or saved for follow-up.

Linked to the app is the **SA Substance Use**

Treatment Directory, an interactive map that helps users find nearby services like outpatient care, inpatient rehab, detox, or harm reduction, based on location or service type.

Access the tool at <https://assistscreening.uct.ac.za> or by scanning the QR code provided. Watch the video overview here:

<https://youtu.be/8NJnsjzWXk>

Together, the app and directory support faster screening, easier referrals, and better access to care, especially in busy or under-resourced settings.



South African Substance Use Treatment Directory
(<https://sudservices.uct.ac.za>).