

WHAT IS CODEINE?

Codeine is classified as an opioid – these are narcotics with a known potential for dependence.

Codeine is administered in liquid or solid form (tablet/capsule), either alone or in combination with other active pharmaceutical ingredients. Codeine medications provide a relatively safe way of managing minor pain; however, it can lead to continued/prolonged use when used over the recommended dosage. Codeine therefore carries the risk of developing tolerance and dependence¹.

NON-CODEINE CONTAINING MEDICATIONS



Cough Syrups

- > Alcophyllax
- > Prospan
- > Bronchostop
- > Benylin original
- > Adco-Linctopent
- > Vicks Acta Plus
- > Woods' Great Peppermint cure



Tablets

- > Tramadol
- > Oxycodone
- > Xanax/Alprazolam
- > Valium/Diazepam
- > Ativan/Lorazepam
- > Midazolam
- > Restoril/Temazepam
- > Ropypnol/Flunitrazepam
- > Urbanol/Clobazam

CODEINE CONTAINING MEDICATIONS



Cough Syrups

- > Allergex Cough syrup with Codeine
- > Adco-Salterpyn Syrup
- > Benyline with Codeine
- > BronClear
- > Lenazine Forte Syrup
- > Phenorant +cod
- > Phensedyl
- > Stilpain Syrup
- > Stopayne Syrup



Tablets

- > Accurate
- > Adcodol
- > Adco-Napacod
- > Adco-sinal Co
- > Gen-payne
- > Ibucop
- > Lenapain
- > Mybulen
- > Myprodol
- > Nurofen Plus
- > Propain
- > Pynstop
- > Sinutab Extra S
- > Stopayne
- > Syndol
- > Adco-Codene

¹ South African Health Products Regulatory Authority (SAHPRA). Codeine-containing medicines. Retrieved 15 April 2026 from <https://www.sahpra.org.za/news-and-updates/codeine-containing-medicines/>