

EMERGENCY SAFETY PLAN

FOR SURVIVORS OF GBV

NOTE FOR FUNCTIONARY:

This Emergency Safety Plan MUST be completed with any woman who may be at risk of severe violence that may lead to being killed by a male partner.

NOTE FOR WOMAN:

This Emergency Safety Plan is meant to help identify and plan action steps I may take when I am at risk of severe violence that may lead to being killed by a male partner.

STAY PREPARED BEFORE ANY VIOLENT ATTACK

1. In a small bag, keep important items (ID, clinic card, bank/SASSA card, cash, another set of keys, sim card in a hidden place).
2. Keep emergency numbers in places that can be easily accessed by you and those who support you.
3. Keep bedroom doors unlocked, take out the keys, and keep a spare key for the main doors.
4. When it is safe, regularly remove items in your home that could be used to hurt you during a violent situation.
5. I can consider applying for an emergency protection order at the nearest magistrate's court.
6. If you have someone you trust (family member, friend, a neighbor), inform them about the violence you are experiencing.
7. Teach and practice with your children or someone you stay with how to stay safe, including memorizing important numbers to call should anything bad happen.
8. If you have a cellphone, save an emergency number 112 or that of a trusted person on speed dial.
9. Memorize important numbers such as 112 which will connect you to the police and ambulance in case you escape without a cellphone, and if you have a smartphone, install an emergency app and teach children or anyone you live with how to use it during emergencies.

WHEN VIOLENCE HAPPENS

- I know that my partner becomes violent _____.
(when he is angry with me, drinking, during weekends, paydays, holidays, festivities/celebrations, etc.)
- On days that I know that violence is likely to happen, I will safely remove dangerous items in the house, such as knives and other sharp objects.
- I will use _____ to raise alarm, or ask children or someone I stay with to raise an alarm, if possible .

(This should be something that is mostly used by residents in your area to raise alarm or something accessible, e.g., shouting, a whistle, pot banging or use a safe word practiced with the children or someone you stay with, use a device, send a WhatsApp message to one of the numbers below.)
- If I can, I will quickly grab the small bag with important items.
(It's okay to leave without anything. Once you are safe, the police can accompany you to get your belongings).
- I will try to immediately get out of the house using the easiest and safest exit.
(If you have multiple exits, choose the one that will be easily unlocked, e.g., back door, window, front door).
- I will go to _____ which is easily accessible and safe
(police station, trusted neighbor's place, security gate, trusted friend's place, petrol station, etc.)
- If my children are also in danger, I will ask the police or other service providers to help me get them and their belongings after the incident.
- If I cannot leave home immediately, and the violence gets worse, I will call for help by screaming, shouting for help, making a noise, blowing a whistle, banging the pots, etc, or send a Whatsapp message to one of the numbers below.

Services	Toll Free	USSD	WhatsApp #
Emergency Services [police & ambulance]	112/10111	*120*7867# (not free)	
GBV Command Centre	0800 428 428		
Stop Gender-Based Violence	0800 150 150		0800 150 150
Any Emergency APP	Can be downloaded on a smartphone		

I am aware that although this plan might help me escape to safety, it does not guarantee me 100% safety. At all times, I should always trust my instinct and act as fast as I can to get away from the violence.