Report on Weekly Deaths
Week 30
1 January – 28 July 2020

Debbie Bradshaw, Ria Laubscher, Rob Dorrington,
Pam Groenewald, Tom Moultrie
Terminology

- **Natural causes** of death includes deaths due to diseases and ageing
- **Unnatural causes** of death includes deaths due to road traffic injuries, homicides, suicides etc
- **All causes** of death includes both natural and unnatural
- **Excess deaths** are the number of observed deaths higher than what would be expected – a public health measure of the impact of a crisis
Data source

- Data on deaths on the National Population Register are obtained from the Department of Home Affairs on a weekly basis.
- Number of deaths are weighted upward to account for incomplete registration of deaths and those that do not have a South African ID number.
- Estimated number is compared with forecast numbers based on historical data from 2018 and 2019 to allow for the trend in the numbers and seasonal variations.
- Babies under 1-years are excluded from analysis.
The number of deaths in week 21-28 July shows a decrease

- Black line shows the weekly number of deaths in 2020
- Orange line shows the number predicted from historical data with bounds of uncertainty – a lower bound and upper bound

RSA weekly deaths from all causes 1+ years: 1 Jan - 28 July 2020
Deaths from natural causes turned during week 21 -28 July

- Black line shows the weekly number of deaths
- Orange line shows the number predicted from historical data with bounds of uncertainty – a lower bound and upper bound

RSA weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020

28,329 excess deaths since 6 May
Deaths from natural causes continued decreasing

**Western Cape weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020**

4,462 excess deaths since 6 May

**Eastern Cape weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020**

7,597 excess deaths since 6 May
Deaths from natural causes start to decrease

Gauteng weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020
8,269 excess deaths since 6 May

KwaZulu-Natal weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020
3,901 excess deaths since 6 May

North West weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020
813 excess deaths since 6 May

Northern Cape weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020
278 excess deaths since 6 May
Deaths from natural causes flatten or increase during week 21 -28 July

Free State weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020

1,331 excess deaths since 6 May

Limpopo weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020

774 excess deaths since 6 May

Mpumalanga weekly deaths from natural causes 1+ years: 1 Jan - 28 July 2020

1,120 excess deaths since 6 May
Deaths from unnatural causes track at lower prediction bound since beginning of July

- Historical data shows that weekly numbers of death from unnatural causes vary considerably depending on the time of month

Vertical time lines:
1. Week lockdown level 5 introduced
2. Week lockdown changed to level 4 with curfew
3. Week lockdown changed to level 3 including unbanning sale of alcohol
4. Week sale of alcohol re-banned and curfew re-introduced
**Excess mortality**

Used in epidemiology and public health to measure the mortality impact of a crisis when not all causes of death are known.

The World Health Organization defines ‘excess mortality’ as:

“Mortality above what would be expected based on the non-crisis mortality rate in the population of interest. Excess mortality is thus mortality that is attributable to the crisis conditions. It can be expressed as a rate (the difference between observed and non-crisis mortality rates), or as a total number of excess deaths.”
<table>
<thead>
<tr>
<th>Measure of Excess Deaths</th>
<th>Purpose of measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excess All Cause Deaths</td>
<td>This provides an overall measure of the difference between the number of death that have occurred in the period compared with earlier years – but is a combination of several competing effects that cancel each other.</td>
</tr>
<tr>
<td>Excess Naturals vs adjusted base</td>
<td>This measure aims to identify the excess number of natural deaths that might have resulted from the direct and indirect effects of COVID-19, by taking into account that lockdown had reduced the number of deaths from natural causes.</td>
</tr>
</tbody>
</table>
What does this week’s report show?

- For the first week in the past 12, the weekly number of deaths of persons 1+ years of age from all causes has dropped from the previous week.
- This has resulted from a drop in the natural causes of death. Except for Free State and Limpopo, the trends in all provinces have plateaued or declined during the week ending on 28 July 2018.
- Excess natural deaths increased to 28,329 (vs confirmed COVID-19 deaths of 7,257) suggests that there are some COVID-19 deaths that occur in the community and that there may be collateral impact of the COVID-19 epidemic.
### WEEK 30 ENDING 28 JULY 2020

<table>
<thead>
<tr>
<th>Region</th>
<th>Excess natural deaths vs adjusted base</th>
<th>Confirmed COVID-19 deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>South Africa</td>
<td>28,329</td>
<td>7,257</td>
</tr>
<tr>
<td><strong>Province</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eastern Cape</td>
<td>7,597</td>
<td>1,545</td>
</tr>
<tr>
<td>Free State</td>
<td>1,331</td>
<td>153</td>
</tr>
<tr>
<td>Gauteng</td>
<td>8,269</td>
<td>1,679</td>
</tr>
<tr>
<td>KwaZulu-Natal</td>
<td>3,901</td>
<td>641</td>
</tr>
<tr>
<td>Limpopo</td>
<td>774</td>
<td>67</td>
</tr>
<tr>
<td>Mpumalanga</td>
<td>1,120</td>
<td>65</td>
</tr>
<tr>
<td>Northern Cape</td>
<td>278</td>
<td>16</td>
</tr>
<tr>
<td>North West</td>
<td>813</td>
<td>50</td>
</tr>
<tr>
<td>Western Cape</td>
<td>4,462</td>
<td>2,960</td>
</tr>
<tr>
<td><strong>Metropolitan Municipality</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Buffalo City</td>
<td>949</td>
<td></td>
</tr>
<tr>
<td>City of Cape Town</td>
<td>3,461</td>
<td></td>
</tr>
<tr>
<td>Ekhuruleni</td>
<td>2,521</td>
<td></td>
</tr>
<tr>
<td>Ethikweni</td>
<td>1,012</td>
<td></td>
</tr>
<tr>
<td>Johannesburg</td>
<td>2,988</td>
<td></td>
</tr>
<tr>
<td>Mangaung</td>
<td>180</td>
<td></td>
</tr>
<tr>
<td>Nelson Mandela Bay</td>
<td>1,481</td>
<td></td>
</tr>
<tr>
<td>City of Tshwane</td>
<td>1,157</td>
<td></td>
</tr>
</tbody>
</table>
Factors that may contribute to observed excess deaths include:

1. People dying from COVID-19 before they get to the health care facility. This may be due to lack of transport, delays in transport and/or hospitals being unable to receive them.

2. People dying from COVID-19 but the death not being reported as such. This may be due to test results not being available at the time of death and/or challenges in the provincial COVID-19 reporting systems.

3. People dying from non COVID-19 conditions because the health services have been re-orientated to COVID-19. Examples include people who have not been diagnosed with TB and others with current TB who have defaulted on treatment for fear of attending the health services.
What can be done to investigate the causes of death in recent weeks?

- Statistics South Africa and the Department of Home Affairs are encouraged to fast-track processing the death notification forms completed by doctors.
- National Department of Health and the National Institute for Communicable Diseases to work with the South African Medical Research Council to consolidate supplementary information using
  - Data linkage to consolidate health information about the deaths,
  - Conducting verbal autopsy interviews with next of kin.